

Saint Patrick's Day ... and a happy palate

By ELISE PURDON

I've always loved to celebrate St. Patrick's Day. Like most Canadians, I'll be at home this year, but that doesn't mean I'll be alone or indifferent to the day. Here's how I've chosen to enjoy the day—a four-step guide to St. Patrick's Day 2021.

Step 1: Picking my Paddy's Day Crew

We're all pretty good at virtual parties by now, so why not make it a virtual parade? I'll be inviting those who shine right through their cameras, as well as those who might need a little joy in their evening.

Step 2: Green with no envy

What makes a St. Patrick's Day parade so great? It's the multitude of different colours, music and costumes. I've gone through my closet and picked out the most epic of green outfits. And no, envy won't be a part of the evening. If you're planning to leave the house, why not make the most fun themed face mask you can think of!

Step 3: Get groovy with it

Like any celebration, music is key. Most online music sites and services have nice options when it comes to Celtic, folk or any of your favourite Irish artists. Make sure to include some jams that everyone knows and can sing along to.

Step 4: May your mouth be merry

Finally, the food and drinks. I don't know about you, but this is my favourite part of any party. I've pre-planned an assortment of green dishes and picked up some natural food colouring for the dishes that aren't green on their own. Food colouring is key for St. Patrick's Day. While I could make the dessert from scratch I'm going to rely on my local ice cream shop for a fresh order of [Mint Chocolate Chip Polar Pizza™](#) that I can pass on to members of my household. As for me, I'm going to whip up a very green [Mint Chocolate Chip Milkshake](#).

Happy St. Patrick's Day!

Baskin-Robbins Canada has a variety of festive treats available to celebrate and get in the St. Patrick's Day spirit this March 2021.

