



2024 Nutritional Guide last Updated 4/15/24

Baskin-Robbins® has made a reasonable effort to provide nutritional and ingredient information based upon standard product formulations and following the Canadian guidelines using formulation and nutrition labeling software. Variations may occur due to: seasonal conditions; regional differences; ingredient substitutions and differences in product assembly or size at the restaurant. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all restaurants. Any customers with specific dietary concerns are advised to call our customer care line (1-800-859-5339).

Flavour offerings may vary by store.

LEGEND

NSA =

No Sugar Added



= Non Fat



= Non Dairy





INGREDIENT STATEMENT

Milk, No sugar added dessert blend (maltitol, soluble corn fiber, polydextrose, whey protein isolate, guar gum, mono- and diglycerides, locust bean gum, cellulose gum, xanthan gum, carrageenan, sucralose), No sugar added caramel ribbon (maltitol syrup, skim milk, cream, glycerin, whey, salt, pectin, natural and artificial flavours, sodium citrate, carrageenan), Cream, No sugar added caramel turtles (maltitol, coconut oil, lactitol, maltitol syrup, evaporated milk product, cocoa powder, cream, soy lecithin, natural and artificial flavours, salt), Skim milk powder, Natural and artificial flavour, Annatto.

Product contains sucralose. WARNING: Sensitive individuals may experience a laxative effect from excessive consumption of this product.

Polydextrose: 1.8g per 188ml portion

CONTAINS: Milk, Soy

May Contain: Almonds, Cashews, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Walnuts, Peanuts, Eggs, Wheat

Allergens	
Eggs	
Milk	₽
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	•
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g)

r ei 2.5 02 (r i g) r poui (r i g)		
Calories 120 % Daily % valeur quoti	/ Value* dienne*	
Fat / Lipides 5 g	7 %	
Saturated / saturés 3.5 g + Trans / trans 0.1 g	18 %	
Carbohydrate / Glucides 24 g		
Fibre / Fibres 4 g	14 %	
Sugars / Sucres 4 g	4 %	
Sugar Alcohols / Polyols 15 g		
Protein / Protéines 3 g		
Cholesterol / Cholestérol 15 mg 5 %		
Sodium 70 mg	3 %	
Potassium 150 mg	4 %	
Calcium 100 mg	8 %	
Iron / Fer 0.1 mg	1 %	
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est be	aucoup	



Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

(0, 1 (0,	
Calories 190 % Daily % valeur quoti	Value* dienne*
Fat / Lipides 8 g	11 %
Saturated / saturés 6 g + Trans / trans 0.2 g	31 %
Carbohydrate / Glucides 38 g	
Fibre / Fibres 6 g	21 %
Sugars / Sucres 7 g	7 %
Sugar Alcohols / Polyols 25 g	
Protein / Protéines 5 g	
Cholesterol / Cholestérol 25 mg	8 %
Sodium 110 mg	5 %
Potassium 225 mg	7 %
Calcium 175 mg	13 %
ron / Fer 0.2 mg	1 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est bea	aucoup

Transfats occur naturally at low levels in cream and milk.

www.baskinrobbins.ca Permanent Flavours www.baskinrobbins.ca

CHERRIES JUBILEE

INGREDIENT STATEMENT

Milk, Cream, Sweetened cherry halves and syrup (cherries, water, corn syrup, sugar, fruit and vegetable juice (prune, black carrot, blueberry, lemon), natural flavour), Sugars (sugar, glucose solids), Skim milk powder, Whey powder, Fruit and vegetable concentrate (pumpkin, apple, beetroot, sweet potato, radish), Salt, Natural and artificial flavours, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	✓
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g)	
Calories 150 % Daily % valeur quotion	Value* dienne*
Fat / Lipides 7 g	9 %
Saturated / saturés 4.5 g + Trans / trans 0.2 g	24 %
Carbohydrate / Glucides 20 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 16 g	16 %
Protein / Protéines 2 g	
Cholesterol / Cholestérol 30 mg	10 %
Sodium 50 mg	2 %
Potassium 125 mg	3 %
Calcium 100 mg	8 %
Iron / Fer 0.1 mg	1 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est bea	anconb

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

	% Daily Value*
Fat / Lipides 11 g	15 %
Saturated / saturés 7 g + Trans / trans 0.4 g	37 %
Carbohydrate / Glucides 31 g	g
Fibre / Fibres 0 g	0 %
Sugars / Sucres 25 g	25 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 45	mg 15 %
Sodium 75 mg	3 %
Potassium 200 mg	4 %
Calcium 150 mg	12 %
Iron / Fer 0.2 mg	1 %
*5% or less is a little , 15% or more is a *5% ou moins c'est peu , 15% ou plus c'	

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BR# 0410

Transfats occur naturally at low levels in cream and milk.

CHOCOLATE

INGREDIENT STATEMENT

Milk, Sugars (sugar, glucose solids), Cream, Cocoa, Unsweetened chocolate, Skim milk powder, Whey powder, Mono and diglycerides, Cellulose gum, Guar gum, Carrageenan, Salt.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Peanuts, Sov. Walnuts, Wheat

Allergens	
Eggs	
Milk	•
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g)

Calories 160 % valeur quo	ly Value* tidienne*
Fat / Lipides 8 g	11 %
Saturated / saturés 5 g + Trans / trans 0.3 g	27 %
Carbohydrate / Glucides 20 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 15 g	15 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 30 mg	10 %
Sodium 65 mg	3 %
Potassium 200 mg	4 %
Calcium 100 mg	8 %
Iron / Fer 1 mg	6 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est be	eaucoup

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Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

	Daily Value* quotidienne*
Fat / Lipides 13 g	17 %
Saturated / saturés 8 g + Trans / trans 0.4 g	42 %
Carbohydrate / Glucides 32 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 24 g	24 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 45 r	ng 15 %
Sodium 105 mg	5 %
Potassium 300 mg	6 %
Calcium 150 mg	12 %
ron / Fer 1.75 mg	10 %
5% or less is a little, 15% or more is a less ou moins c'est peu, 15% ou plus c'e	

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CHOCOLATE CHIP

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Chocolate chips (sugar, unsweetened chocolate, unsweetened chocolate processed with alkali, butter oil, soy lecithin), Skim milk powder, Whey powder, Salt, Natural and artificial flavour, Carotene, Caramel, Mono- and diglycerides. Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk, Soy

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Peanuts, Walnuts, Wheat

Allergen	ıs	
Eggs		
Milk	✓	
Gluten (Wheat)		
Gluten (Barley)		
Gluten (Rye)		
Gluten (Oats)		
Peanuts		
Tree Nuts		
Soy	₹	
Sulphites		

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (/1 g) / pour (/1 g)	
Calories 160 % Dail	y Value* idienne*
Fat / Lipides 10 g	13 %
Saturated / saturés 6 g + Trans / trans 0.3 g	32 %
Carbohydrate / Glucides 18 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 14 g	14 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 35 mg	12 %
Sodium 55 mg	2 %
Potassium 175 mg	4 %
Calcium 100 mg	8 %
Iron / Fer 0.5 mg	3 %
*5 % or less is a little,	

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15 % or more is a lot

*5 % ou moins c'est peu,

15 % ou plus c'est beaucoup

Halal Certified BR# 0606

Nutrition Facts Valeur nutritive

Per 4 oz (113 a) / pour (113 a)

Per 4 02 (113 g) / pour (113 g)	
Calories 260 % Dai	ly Value*
Fat / Lipides 15 g	20 %
Saturated / saturés 10 g + Trans / trans 0.5 g	53 %
Carbohydrate / Glucides 28 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 22 g	22 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 50 mg	17 %
Sodium 90 mg	4 %
Potassium 250 mg	5 %
Calcium 175 mg	13 %
ron / Fer 1 mg	6 %
*5 % or less is a little,	

Transfats occur naturally at low levels in cream and milk.

CHOCOLATE CHIP COOKIE DOUGH

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Chocolate chip cookie dough [wheat flour, brown sugar, butter, sugar, pasteurized whole liquid eggs, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin), corn starch, skim milk, natural flavour, salt], Chocolate flavoured chips (sugar, coconut oil, cocoa powder, modified palm kernel and palm oil, natural flavour, soy lecithin), Skim milk powder, Whey powder, Salt, Natural and artificial flavour, Carotene, Caramel, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Eggs, Milk, Soy, Wheat

May Contain: Almonds, Cashews, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Walnuts

Allergens	
Eggs	•
Milk	✓
Gluten (Wheat)	•
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	✓
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 a) / pour (71 a)

1 Cl 2.0 02 (1 1 g) / poul (1 1 g)		
Calories 180 % Dail	y Value* idienne*	
Fat / Lipides 9 g	12 %	
Saturated / saturés 6 g + Trans / trans 0.3 g	32 %	
Carbohydrate / Glucides 23 g		
Fibre / Fibres 0 g	0 %	
Sugars / Sucres 17 g	17 %	
Protein / Protéines 3 g		
Cholesterol / Cholestérol 35 mg	12 %	
Sodium 75 mg	3 %	
Potassium 125 mg	3 %	
Calcium 100 mg	8 %	
Iron / Fer 0.5 mg	3 %	
*5 % or less is a little, 15 % or more is a lot		

*5 % ou moins c'est peu,

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15 % ou plus c'est beaucoup

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Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

1 01 1 02 (110 g) / pour (110	9/
	6 Daily Value* quotidienne*
Fat / Lipides 15 g	20 %
Saturated / saturés 10 g + Trans / trans 0.5 g	53 %
Carbohydrate / Glucides 36 g	3
Fibre / Fibres 0 g	0 %
Sugars / Sucres 26 g	26 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 55	mg 18 %
Sodium 115 mg	5 %
Potassium 225 mg	5 %
Calcium 150 mg	12 %
Iron / Fer 1 mg	6 %
*5 % or less is a little	

- 5 % or less is a little.
- 15 % or more is a lot
- *5 % ou moins c'est peu,
- 15 % ou plus c'est beaucoup

Transfats occur naturally at low levels in cream and milk.

15 % or more is a lot

*5 % ou moins c'est peu,

15 % ou plus c'est beaucoup

CHOCOLATE MOUSSE ROYALE®

INGREDIENT STATEMENT

Milk, Sugars (sugar, glucose solids), Cream, Chocolate flavoured chunks (icing sugar, coconut oil, cocoa powder, modified palm kernel oil), Mousse base (palm kernel oil, palm oil, corn syrup solids, sodium caseinate, propylene glycol monostearate, mono- and diglycerides, cellulose gum, acetylated monoglycerides, guar gum, carrageenan), Skim milk powder, Cocoa, Unsweetened chocolate, Whey powder.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens		
Eggs		
Milk	✓	
Gluten (Wheat)		
Gluten (Barley)		
Gluten (Rye)		
Gluten (Oats)		
Peanuts		
Tree Nuts		
Soy		
Sulphites		

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 a) / pour (71 a)

1 Cl 2.0 02 (7 1 g) 7 pour (7 1 g)	
Calories 190 % Daily % valeur quoti	Value* dienne*
Fat / Lipides 11 g	15 %
Saturated / saturés 8 g + Trans / trans 0.2 g	41 %
Carbohydrate / Glucides 22 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 17 g	17 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 25 mg	8 %
Sodium 55 mg	2 %
Potassium 175 mg	4 %
Calcium 75 mg	6 %
Iron / Fer 1 mg	6 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est bea	aucoup

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Transfats occur naturally at low levels in cream and milk.

Nutrition Facts

Valeur nutritive Per 4 oz (113 g) / pour (113 g)

o o_ (g) / pou. (g)	
	Daily Value* quotidienne*
Fat / Lipides 17 g	23 %
Saturated / saturés 12 g + Trans / trans 0.4 g	62 %
Carbohydrate / Glucides 36 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 28 g	28 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 40 r	ng 13 %
Sodium 90 mg	4 %
Potassium 300 mg	6 %
Calcium 125 mg	10 %
Iron / Fer 1.5 mg	8 %
*5% or less is a little , 15% or more is a l *5% ou moins c'est peu , 15% ou plus c'e	

CITRUS TWIST

INGREDIENT STATEMENT

Water, Sugars (sugar, glucose solids), Citric acid, Locust bean gum, Modified cellulose, Guar gum, Natural flavour, Pumpkin concentrate (for colour), Brilliant blue FCF.

CONTAINS: No Allergens

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g)

	6 Daily Value* 7 quotidienne*
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g + Trans / trans 0 g	0 %
Carbohydrate / Glucides 22 g	3
Fibre / Fibres 0 g	0 %
Sugars / Sucres 16 g	16 %
Protein / Protéines 0 g	
Cholesterol / Cholestérol 0 n	ng 0 %
Sodium 2 mg	1 %
Potassium 0 mg	0 %
Calcium 0 mg	0 %
Iron / Fer 0 mg	0 %
*5% or less is a little, 15% or more is a *5% ou moins c'est peu, 15% ou plus c'	

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Halal Certified 0937

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

Calories 130 % Daily	Value* dienne*
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g + Trans / trans 0 g	0 %
Carbohydrate / Glucides 34 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 26 g	26 %
Protein / Protéines 0 g	
Cholesterol / Cholestérol 0 mg	0 %
Sodium 3 mg	1 %
Potassium 0 mg	0 %
Calcium 0 mg	0 %
ron / Fer 0 mg	0 %
\$5% or less is a little, 15% or more is a lot \$5% ou moins c'est peu, 15% ou plus c'est bea	aucoup

COOKIES 'N CREAM

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Chocolate sandwich cookies [sugar, wheat flour, palm and palm kernel oil, cocoa, corn flour, salt, baking soda, dextrose, soy lecithin, natural flavour], Skim milk powder, Whey powder, Salt, Natural and artificial flavour, Carotene, Monoand diglycerides, Cellulose gum, Guar gum, Carrageenan, Caramel.

CONTAINS: Milk, Soy, Wheat

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Walnuts

Allergens	
Eggs	
Milk	✓
Gluten (Wheat)	✓
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	✓
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 a) / pour (71 a)

1 of 2.0 oz (1 1 g) 7 pour (1 1 g)	
Calories 170 % Daily % valeur quoti	y Value* idienne*
Fat / Lipides 9 g	12 %
Saturated / saturés 6 g + Trans / trans 0.3 g	32 %
Carbohydrate / Glucides 20 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 15 g	15 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 30 mg	10 %
Sodium 105 mg	5 %
Potassium 150 mg	3 %
Calcium 100 mg	8 %
Iron / Fer 0.3 mg	2 %
*5 % or less is a little, 15 % or more is a lot *5 % ou moins c'est peu, 15 % ou plus c'est beauc	coup

Kosher Certified Halal Certified BR# 0436

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

	Daily Value* Juotidienne*
Fat / Lipides 15 g	20 %
Saturated / saturés 9 g + Trans / trans 0.4 g	47 %
Carbohydrate / Glucides 32 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 23 g	23 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 50 m	ng 17 %
Sodium 170 mg	7 %
Potassium 225 mg	5 %
Calcium 150 mg	12 %
ron / Fer 0.5 mg	3 %
5 % or less is a little, 15 % or more is a lot 5 % ou moins c'est peu, 15 % ou plus c'est b	eaucoup

Transfats occur naturally at low levels in cream and milk.

COTTON CANDY

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Cotton candy base (corn syrup, water, sugar, artificial flavour, sodium citrate, citric acid), Skim milk powder, Whey powder, Salt, Beet red, Brilliant blue FCF, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

May Contain: Almonds. Cashews. Eggs. Hazelnuts. Macadamia nuts. Pecans. Pistachios. Peanuts, Sov. Walnuts, Wheat

Allergens	
Eggs	
Milk	•
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 a) / pour (71 a)

1 cl 2.5 62 (11 g) 1 pour (11 g)	
Calories 160 % Dai % valeur quo	ly Value* tidienne*
Fat / Lipides 7 g	9 %
Saturated / saturés 4.5 g + Trans / trans 0.3 g	24 %
Carbohydrate / Glucides 20 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 14 g	14 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 30 mg	10 %
Sodium 55 mg	2 %
Potassium 125 mg	3 %
Calcium 100 mg	8 %
Iron / Fer 0 mg	0 %
*5 % or less is a little, 15 % or more is a lot	

*5 % ou moins c'est peu, 15 % ou plus c'est beaucoup

Halal Certified

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)	
Calories 250 % Dail	y Value* idienne*
Fat / Lipides 12 g	16 %
Saturated / saturés 7 g + Trans / trans 0.4 g	37 %
Carbohydrate / Glucides 32 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 22 g	22 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 45 mg	15 %
Sodium 90 mg	4 %
Potassium 200 mg	4 %
Calcium 150 mg	12 %
ron / Fer 0.1 mg	1 %
*5 % or less is a little, 15 % or more is a lot	

Kosher Certified

Transfats occur naturally at low levels in cream and milk.

*5 % ou moins c'est peu,

15 % ou plus c'est beaucoup

DECORATING VANILLA

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Skim milk powder, Whey powder, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan, Natural and artificial flavour.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens		
Eggs		
Milk	✓	
Gluten (Wheat)		
Gluten (Barley)		
Gluten (Rye)		
Gluten (Oats)		
Peanuts		
Tree Nuts		
Soy		
Sulphites		

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (/1 g) / pour (/1 g)	
Calories 150 % Dail	y Value* idienne*
Fat / Lipides 9 g	12 %
Saturated / saturés 5 g + Trans / trans 0.3 g	27 %
Carbohydrate / Glucides 16 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 13 g	13 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 35 mg	12 %
Sodium 60 mg	3 %
Potassium 150 mg	3 %
Calcium 100 mg	8 %
Iron / Fer 0.1 mg	1 %

- *5 % or less is a little 15 % or more is a lot
- *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup

Nutrition Facts Valeur nutritive

Per 4 oz (113 a) / pour (113 a)

rei 4 02 (113 g) / pour (113 g)	
Calories 240 % Dai % valeur quo	ly Value* tidienne*
Fat / Lipides 14 g	19 %
Saturated / saturés 9 g + Trans / trans 0.5 g	48 %
Carbohydrate / Glucides 26 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 21 g	21 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 55 mg	18 %
Sodium 95 mg	4 %
Potassium 225 mg	5 %
Calcium 175 mg	13 %
Iron / Fer 0.1 mg	1 %
*5 % or less is a little.	

Kosher Certified Halal Certified BR# 0698

Transfats occur naturally at low levels in cream and milk.

GOLD MEDAL RIBBON™

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Caramel ribbon (sweetened condensed milk (milk, sugar), corn syrup, water, sugar, butter, glycerin, pectin, salt, sodium citrate, natural flavour, sodium bicarbonate), Skim milk powder, Whey powder, Cocoa, Unsweetened chocolate, Salt, Natural and artifical flavour, Carotene, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	•
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 a) / pour (71 a)

1 el 2.5 62 (1 1 g) / poul (1 1 g	,
	aily Value* uotidienne*
Fat / Lipides 8 g	11 %
Saturated / saturés 4.5 g + Trans / trans 0.3 g	24 %
Carbohydrate / Glucides 22 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 17 g	17 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 30 m	g 10 %
Sodium 80 mg	3 %
Potassium 150 mg	3 %
Calcium 100 mg	8 %
Iron / Fer 0.3 mg	2 %
*5 % or less is a little.	

BR# 0361

- 15 % or more is a lot
- *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup
- Kosher Certified Halal Certified

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

01 1 02 (110 g) / pour	(110 9)
Calories 260 %	% Daily Value* valeur quotidienne*
at / Lipides 12 g	16 %
Saturated / saturés 8 g + Trans / trans 0.4 g	42 %
Carbohydrate / Glucides	34 g
Fibre / Fibres 1 g	4 %
Sugars / Sucres 26 g	26 %
Protein / Protéines 4 g	
Cholesterol / Cholestéro	I 45 mg 15 %
Sodium 125 mg	5 %
Potassium 250 mg	5 %
Calcium 150 mg	12 %
ron / Fer 0.5 mg	3 %
5 % or less is a little,	

- 15 % or more is a lot
- *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup

Transfats occur naturally at low levels in cream and milk.

15 % or more is a lot

*5 % ou moins c'est peu, 15 % ou plus c'est beaucoup

ICING ON THE CAKE™

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Confetti swirl ribbon [powdered sugar, refined peanut oil, maltodextrin, nonpareils (sugar, dextrin, tapioca starch, glucose powder, red beet iuice, carotene, turmeric, anthocyanin, magnesium silicate, carnauba wax, glycerin, gum arabic), white coating (sugar, palm kernel oil, skim milk powder, whole milk powder, soy lecithin, salt), Mono- and diglycerides, soy lecithin, salt), Cake pieces (wheat flour, sugar, sunflower oil, skim milk powder, salt, natural flavours), Vanilla cream flavour base (sugar, water, high fructose corn syrup, modified corn starch, salt, natural and artificial flavour), Frosting pieces (sugar, coconut oil, buttermilk powder, natural flavour, soy lecithin, spirulina extract, paprika, turmeric), Skim milk powder, Whey powder, Salt, Natural flavour (barley). Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk, Wheat, Barley, Soy

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Peanuts, Walnuts

Allergens	
Eggs	
Milk	•
Gluten (Wheat)	
Gluten (Barley)	•
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	✓
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 a) / nour (71 a)

rei 2.3 02 (7 i g) 7 poui (7 i g)	
Calories 210 % Dail	y Value* idienne*
Fat / Lipides 11 g	15 %
Saturated / saturés 6 g + Trans / trans 0.2 g	31 %
Carbohydrate / Glucides 25 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 19 g	19 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 25 mg	8 %
Sodium 65 mg	3 %
Potassium 125 mg	3 %
Calcium 75 mg	6 %
Iron / Fer 0.1 mg	1 %
*5 % or less is a little.	

Kosher Certified Halal Certified BR# 2009

15 % or more is a lot

*5 % ou moins c'est peu,

15 % ou plus c'est beaucoup

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)	
Calories 330 % Dai % valeur quo	ly Value* tidienne*
Fat / Lipides 18 g	24 %
Saturated / saturés 9 g + Trans / trans 0.4 g	47 %
Carbohydrate / Glucides 39 g	_
Fibre / Fibres 0 g	0 %
Sugars / Sucres 31 g	31 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 40 mg	13 %
Sodium 100 mg	4 %
Potassium 175 mg	4 %
Calcium 125 mg	10 %
Iron / Fer 0.2 mg	1 %
*5 % or less is a little, 15 % or more is a lot *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup	

Transfats occur naturally at low levels in cream and milk.

JAMOCA® ALMOND FUDGE

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Chocolate flavoured ribbon (water, corn syrup, sugar, cocoa, modified corn starch, natural flavours), Roasted almonds (almonds, safflower and/or canola oil). Jamoca® coffee extract (water, sugar, natural coffee extract). Skim milk powder, Whey powder, Salt, Caramel, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Almonds, Milk

May Contain: Cashews, Eggs, Hazelnuts, Macadamia nuts, Peanuts, Pecans, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	✓
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	✓
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g) % Daily Value* Calories 170

% valeur quotidienne* Fat / Lipides 9 g 12 % Saturated / saturés 4.5 g 24 % + Trans / trans 0.2 g Carbohydrate / Glucides 20 q 4 % Fibre / Fibres 1 q 15 %

Sugars / Sucres 15 a Protein / Protéines 3 g

Cholesterol / Cholestérol 25 mg 8 % 2 % Sodium 45 ma Potassium 175 mg 5 %

Calcium 100 mg 8 % 3 % Iron / Fer 0.5 ma *5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup

Kosher Certified

Halal Certified BR# 0112

Nutrition Facts Valeur nutritive

Per 4 oz (113 a) / pour (113 a)

Calories 270	% Daily Value* % valeur quotidienne*
Fat / Lipides 15 g	20 %
Saturated / saturés 7 + Trans / trans 0.4 g	g 37 %

Carbohydrate / Glucides 31 g Fibre / Fibres 1 a

Sugars / Sucres 23 g Protein / Protéines 5 g

Cholesterol / Cholestérol 40 ma 13 % 3 % Sodium 75 ma Potassium 250 mg 7 % Calcium 150 mg 12 %

Iron / Fer 0.75 mg 4 % *5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup

Transfats occur naturally at low levels in cream and milk.

4 %

23 %

MANGO TANGO

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Mango ribbon (corn syrup, mango, sugar, modified corn starch, water, natural flavour, citric acid, carrageenan, carotene, concentrated elderberry juice), Mango base (mango pulp, sugar, corn syrup, natural flavour, water, ascorbic acid, guar gum, locust bean gum), Skim milk powder, Whey powder, Salt, Natural and artificial flavour, Carotene, Malic acid, Turmeric, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Peanuts, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	✓
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

Nutrition Facts

Valeur nutritive

Saturated / saturés 6 g

+ Trans / trans 0.4 g Carbohydrate / Glucides 34 q Fibre / Fibres 0 g

Sugars / Sucres 26 g

Protein / Protéines 4 g Cholesterol / Cholestérol 40 mg

Sodium 75 ma Potassium 200 mg

Calcium 125 mg

Iron / Fer 0.3 mg

Calories 240

Fat / Lipides 10 g

Per 4 oz (113 g) / pour (113 g)

% Daily Value*

13 %

32 %

0 %

26 %

13 % 3 %

4 %

10 %

2 %

% valeur quotidienne*

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (/1 g) / pour (/1 g)	
Calories 150 % Dail	y Value* idienne*
Fat / Lipides 6 g	8 %
Saturated / saturés 4 g + Trans / trans 0.2 g	21 %
Carbohydrate / Glucides 21 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 16 g	16 %
Protein / Protéines 2 g	
Cholesterol / Cholestérol 25 mg	8 %
Sodium 45 mg	2 %
Potassium 125 mg	3 %
Calcium 75 mg	6 %
Iron / Fer 0.2 mg	1 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Kosher Certified

BR# 0594

www.baskinrobbins.ca

Transfats occur naturally at low levels in cream and milk.

*5% ou moins c'est peu, 15% ou plus c'est beaucoup

*5% or less is a little, 15% or more is a lot

MAUI BROWNIE MADNESS **FROZEN YOGURT**

INGREDIENT STATEMENT

Milk, Sugars (sugar, glucose solids), Cream, Dark fudge ribbon [corn syrup, water, high fructose corn syrup, sweetened condensed milk, cocoa, modified corn starch, hydrogenated coconut oil, glycerin, salt, carrageenan, natural flavour, soy lecithin], Brownie pieces [sugar, wheat flour, water, cocoa, soybean oil, pasteurized liquid whole eggs, corn starch, skim milk powder, salt, natural flavour, baking soda], Water, Skim milk powder, Macadamia nuts (macadamia nuts, cottonseed oil) (may contain traces of almonds, Brazil nuts, cashews, hazelnuts, pecans, pine nuts, pistachios, walnuts), Cocoa, Unsweetened chocolate, Bacterial cultures (Streptococcus thermophilus, Lactobacillus delbrueckii subsp. bulgaricus), Guar gum, Mono- and diglycerides, Xanthan gum, Polysorbate 80, Carrageenan,

CONTAINS: Milk, Sov. Wheat, Eqg. Macadamia nuts

May Contain: Almonds, Brazil nuts, Cashews, Hazelnuts, Pecans, Peanuts, Pine nuts, Pistachios. Walnuts

Allergens	
Eggs	₽
Milk	₽
Gluten (Wheat)	•
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	•
Soy	•
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 02 (7 F g) / pour (7 F g)	
Calories 150 % Daily % valeur quoti	/ Value* dienne*
Fat / Lipides 7 g	9 %
Saturated / saturés 3.5 g + Trans / trans 0.1 g	18 %
Carbohydrate / Glucides 19 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 14 g	14 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 20 mg	7 %
Sodium 90 mg	4 %
Potassium 225 mg	5 %
Calcium 100 mg	8 %
Iron / Fer 1.25 mg	7 %
*5 % or less is a little,	

- *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup

Nutrition Facts Valeur nutritive

Per 4 oz (113 a) / nour (113 a)

er 4 oz (113 g) / pour (113 g)	
Calories 230 % Dail	ly Value* idienne*
Fat / Lipides 11 g	15 %
Saturated / saturés 6 g + Trans / trans 0.2 g	31 %
Carbohydrate / Glucides 30 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 22 g	22 %
Protein / Protéines 6 g	
Cholesterol / Cholestérol 30 mg	10 %
Sodium 140 mg	6 %
Potassium 350 mg	7 %
Calcium 150 mg	12 %
ron / Fer 1.75 mg	10 %
5 % or less is a little,	

Kosher Certified

Halal Certified BR# 5151 Transfats occur naturally at low levels in cream and milk.

15 % or more is a lot

*5 % ou moins c'est peu,

15 % ou plus c'est beaucoup

16

MINT CHOCOLATE CHIP

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Chocolate chips (sugar, unsweetened chocolate, unsweetened chocolate processed with alkali, butter oil, soy lecithin), Skim milk powder, Whey powder, Salt, Natural flavour, Brilliant blue FCF, Carotene, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk, Soy

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Peanuts, Walnuts, Wheat

Allergens	
Eggs	
Milk	✓
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	✓
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 a) / pour (71 a)

1 C1 2.3 02 (1 1 g) 1 pour (1 1 g)	
Calories 160 % valeur qu	aily Value* otidienne*
Fat / Lipides 10 g	13 %
Saturated / saturés 6 g + Trans / trans 0.3 g	32 %
Carbohydrate / Glucides 17 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 14 g	14 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 35 mg	g 12 %
Sodium 50 mg	2 %
Potassium 175 mg	4 %
Calcium 100 mg	8 %
Iron / Fer 0.5 mg	3 %

15 % ou plus c'est beaucoup

*5 % or less is a little, 15 % or more is a lot

*5 % ou moins c'est peu,

Kosher Certified Halal Certified BR# 0111

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)	
Calories 260 % Dail	y Value* idienne*
Fat / Lipides 15 g	20 %
Saturated / saturés 10 g + Trans / trans 0.5 g	53 %
Carbohydrate / Glucides 28 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 22 g	22 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 50 mg	17 %
Sodium 85 mg	4 %
Potassium 250 mg	5 %
Calcium 175 mg	13 %
Iron / Fer 1 mg	6 %
*5 % or less is a little, 15 % or more is a lot *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup	

Transfats occur naturally at low levels in cream and milk.



INGREDIENT STATEMENT

Coconut milk [water, coconut cream], Sugars (sugar, tapioca syrup solids, dextrose), Cremefilled chocolate sandwich cookies [sugar, wheat flour, palm and palm kernel oil, cocoa processed with alkali, corn flour, salt, sodium bicarbonate, dextrose, soy lecithin, natural flavours], Chocolate cookie crumb ribbon [soybean oil, chocolate cookie crumb {wheat flour, sugar, canola oil, cocoa processed with alkali, salt, sodium bicarbonate), powdered sugar (sugar, corn starch), cocoa processed with alkali, coconut oil, salt, soy lecithin, natural flavour], Coconut oil, Sweet creme flavoured base [corn syrup, water, sugar, natural flavours, gum acacia, salt, xanthan guml, Potato starch, Mono- and diglycerides, Guar gum, Locust bean gum. Salt. Natural flavour.

CONTAINS: Soy, Wheat

Allergens	
Eggs	
Milk	
Gluten (Wheat)	•
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	✓
Sulphites	

0 %

17 %

6 %

1 %

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g) % Daily Value* Calories 160 % valeur quotidienne* Fat / Lipides 7 g 9 %

Saturated / saturés 4.5 g 24 % + Trans / trans 0.2 g

Carbohydrate / Glucides 23 q Fibre / Fibres 0 g

Sugars / Sucres 17 g Protein / Protéines 2 g

Cholesterol / Cholestérol 25 ma 8 % 2 % Sodium 45 mg Potassium 125 mg 3 %

Calcium 75 mg Iron / Fer 0.1 mg

*5 % or less is a little, 15 % or more is a lot *5 % ou moins c'est peu. 15 % ou plus c'est beaucoup

Kosher Certified

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

% Daily Value* Calories 260 % valeur quotidienne* Fat / Lipides 11 g 15 % Saturated / saturés 7 g 37 % + Trans / trans 0.4 g

0 %

28 %

1 %

18

Carbohydrate / Glucides 36 q Fibre / Fibres 0 g Sugars / Sucres 28 g

Protein / Protéines 4 g

Iron / Fer 0.1 mg

Cholesterol / Cholestérol 40 ma 13 % Sodium 75 ma 3 % Potassium 175 mg 4 % 10 % Calcium 125 mg

*5 % or less is a little, 15 % or more is a lot *5 % ou moins c'est peu. 15 % ou plus c'est beaucoup

BR# 5051115

INGREDIENT STATEMENT

Coconut milk (water, coconut cream), Sugars (sugar, tapioca syrup solids, dextrose), Chocolate fudge ribbon [corn syrup, sugar, water, cocoa powder processed with alkali, unsweetened chocolate, corn starch, salt, natural flavour], Mint base [corn syrup, water, peppermint extract, modified food starch, citric acid, natural flavour], Refined coconut oil, Semi-sweet chocolate chunks [sugar, unsweetened chocolate, cocoa butter, soy lecithin], Potato starch, Mono- and diglycerides of fatty acids, Guar gum, Locust bean gum, Salt.

CONTAINS: Soy

Allergens	
Eggs	
Milk	
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	•
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g)
Calories 170 % Da % valeur qu	aily Value* otidienne*
Fat / Lipides 9 g	12 %
Saturated / saturés 7 g + Trans / trans 0 g	35 %
Carbohydrate / Glucides 24 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 17 g	17 %
Protein / Protéines 1 g	
Cholesterol / Cholestérol 0 mg	
Sodium 40 mg	2 %
Potassium 40 mg	1 %
Calcium 0 mg	0 %
Iron / Fer 0.5 mg	3 %
*5% or less is a little, 15% or more is a lot	

*5% ou moins c'est peu. 15% ou plus c'est beaucoup

BR# 5042756

Transfats occur naturally at low levels in cream and milk.

*5% ou moins c'est peu. 15% ou plus c'est beaucoup

PEANUT BUTTER 'N CHOCOLATE

INGREDIENT STATEMENT

Milk, Sugars (sugar, glucose solids), Cream, Peanut butter ribbon [peanuts, cottonseed and/or peanut oil, high-fructose corn syrup, salt], Cocoa, Skim milk powder, Whey powder, Unsweetened chocolate, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk. Peanuts

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Sov. Walnuts, Wheat

Allergens	
Eggs	
Milk	✓
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	•
Tree Nuts	
Soy	
Sulphites	

26 %

4 %

14 %

6 %

4 %

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g) % Daily Value* Calories 200 % valeur quotidienne* Fat / Lipides 12 g 16 % Saturated / saturés 5 g

+ Trans / trans 0.2 g Carbohydrate / Glucides 19 g

Fibre / Fibres 1 g Sugars / Sucres 14 g

Protein / Protéines 4 g Cholesterol / Cholestérol 25 mg

8 % 4 % Sodium 100 ma Potassium 200 mg 4 %

Calcium 75 mg Iron / Fer 0.75 mg *5% or less is a little. 15% or more is a lot

*5% ou moins c'est peu. 15% ou plus c'est beaucoup

Kosher Certified

Halal Certified BR# 0602

Nutrition Facts Valeur nutritive

Per 4 oz (113 a) / pour (113 a)

1 cl + 02 (113 g) / poul (113	<i>-</i> 9)
	% Daily Value* ir quotidienne*
Fat / Lipides 20 g	27 %
Saturated / saturés 9 g + Trans / trans 0.4 g	47 %
Carbohydrate / Glucides 30	g
Fibre / Fibres 2 g	7 %
Sugars / Sucres 22 g	22 %
Protein / Protéines 7 g	
Cholesterol / Cholestérol 40	mg 13 %
Sodium 160 mg	7 %
Potassium 350 mg	7 %
Calcium 125 mg	10 %

*5% ou moins c'est peu, 15% ou plus c'est beaucoup

*5% or less is a little, 15% or more is a lot

Iron / Fer 1.25 mg

Transfats occur naturally at low levels in cream and milk.

Nutrition Facts

Valeur nutritive

Saturated / saturés 12 g

Carbohydrate / Glucides 38 g

Cholesterol / Cholestérol 0 mg

*5% or less is a little, 15% or more is a lot

Calories 270

Fat / Lipides 14 g

+ Trans / trans 0 g

Fibre / Fibres 1 g

Sugars / Sucres 28 g

Protein / Protéines 1 g

Sodium 65 ma

Calcium 0 mg

Iron / Fer 1 mg

Potassium 75 mg

Per 4 oz (113 g) / pour (113 g)

% Daily Value*

19 %

60 %

4 %

28 %

3 %

2 %

0 %

6 %

% valeur quotidienne*

Kosher Certified

7 %

INGREDIENT STATEMENT

Milk, No sugar added dessert base (maltitol, soluble corn fiber, polydextrose, whey protein isolate, guar gum, mono- and diglycerides, locust bean gum, cellulose gum, xanthan gum, carrageenan, sucralose), Pineapple (pineapple, maltitol syrup, glycerin, locust bean gum, guar gum, artificial flavour, sucralose), Cream, Skim milk powder, Natural & artificial flavours.

Product contains sucralose. WARNING: Sensitive individuals may experience a laxative effect from excessive consumption of this product.

Polydextrose: 1.9g per 188ml portion

CONTAINS: Milk

May Contain: Almonds, Cashews, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Walnuts, Peanuts, Eggs, Wheat, Soy

Allergei	ns
Eggs	
Milk	♂
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (7 i g) / pour (7 i g)	
Calories 100 % Daily % valeur quoti	y Value* dienne*
Fat / Lipides 4 g	5 %
Saturated / saturés 2.5 g + Trans / trans 0.1 g	13 %
Carbohydrate / Glucides 18 g	
Fibre / Fibres 4 g	14 %
Sugars / Sucres 5 g	5 %
Sugar Alcohols / Polyols 9 g	
Protein / Protéines 3 g	
Cholesterol / Cholestérol 15 mg	5 %
Sodium 45 mg	2 %
Potassium 150 mg	4 %
Calcium 100 mg	8 %
Iron / Fer 0 mg	0 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est be	aucoup

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

Calories 150 % valeur quot	y Value* idienne*
Fat / Lipides 6 g	8 %
Saturated / saturés 4 g + Trans / trans 0.2 g	21 %
Carbohydrate / Glucides 29 g	
Fibre / Fibres 6 g	21 %
Sugars / Sucres 8 g	8 %
Sugar Alcohols / Polyols 14 g	
Protein / Protéines 5 g	
Cholesterol / Cholestérol 25 mg	8 %
Sodium 70 mg	3 %
Potassium 225 mg	7 %
Calcium 175 mg	13 %
Iron / Fer 0.1 mg	1 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est be	aucoup

Kosher Certified Halal Certified BR# 1501

Transfats occur naturally at low levels in cream and milk.

PISTACHIO ALMOND

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Roasted almonds (almonds, safflower and/or canola oil), Skim milk powder, Whey powder, Salt, Natural and artificial flavour (barley), Monoand diglycerides, Cellulose gum, Guar gum, Carrageenan, Brilliant blue FCF, Carotene.

CONTAINS: Milk. Almonds. Barley

May Contain: Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Peanuts, Sov. Walnuts, Wheat

Allergens	
Eggs	
Milk	•
Gluten (Wheat)	
Gluten (Barley)	•
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	•
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g) % Daily Value* Calories 190 % valeur quotidienne*

Fat / Lipides 12 g 16 % Saturated / saturés 5 g 27 % + Trans / trans 0.3 g

Carbohydrate / Glucides 15 g Fibre / Fibres 1 g Sugars / Sucres 11 g

Protein / Protéines 5 g Cholesterol / Cholestérol 25 mg

2 % Sodium 45 ma Potassium 150 mg 3 %

Iron / Fer 0.3 mg 2 % *5% or less is a little. 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup

Halal Certified BR# 0135 Potassium 250 mg 5 % Calcium 150 mg 12 % Iron / Fer 0.5 mg 3 % *5% or less is a little, 15% or more is a lot

*5% ou moins c'est peu, 15% ou plus c'est beaucoup

Nutrition Facts

Valeur nutritive

Saturated / saturés 8 g

+ Trans / trans 0.4 g Carbohydrate / Glucides 24 g

Sugars / Sucres 18 g

Protein / Protéines 7 g

Sodium 70 ma

Cholesterol / Cholestérol 40 mg

Fibre / Fibres 1 g

Calories 290

Fat / Lipides 19 g

4 %

11 %

8 %

8 %

Per 4 oz (113 g) / pour (113 g)

% Daily Value*

25 %

42 %

4 %

18 %

13 %

3 %

% valeur quotidienne*

Kosher Certified

Calcium 100 mg

PRALINES 'N CREAM

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Caramel ribbon (sweetened condensed milk (milk, sugar), corn syrup, water, sugar, butter, glycerin, pectin, salt, sodium citrate, natural flavour, sodium bicarbonate), Praline pecans (sugar, pecans, butter, corn syrup, salt), Skim milk powder, Whey powder, Salt, Natural and artificial flavour, Carotene, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk, Pecans

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	✓
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	•
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (/1 g) / pour (/1 g)		
Calories 180 % Daily % valeur quoti		
Fat / Lipides 9 g	12	%
Saturated / saturés 4.5 g + Trans / trans 0.3 g	24	%
Carbohydrate / Glucides 22 g		
Fibre / Fibres 0 g	0	%
Sugars / Sucres 18 g	18	%
Protein / Protéines 3 g		
Cholesterol / Cholestérol 30 mg	10	%
Sodium 90 mg	4	%
Potassium 125 mg	3	%
Calcium 100 mg	8	%
Iron / Fer 0.1 mg	1	%
*5 % or less is a little,		_

Iron / Fer 0.2 mg *5 % or less is a little,

Kosher Certified Halal Certified BR# 0248

Transfats occur naturally at low levels in cream and milk.

RAINBOW SHERBET

INGREDIENT STATEMENT

Water, Sugars (sugar, glucose solids), Cream, Pineapple puree base (pineapple, sugar, corn syrup, concentrated pineapple juice, glycerin, natural flavour, quar qum, locust bean qum, citric acid, ascorbic acid), Skim milk powder, Orange puree base (water, sugar, concentrated orange juice, orange pulp cells, citric acid, orange oil), Raspberry puree (red raspberries, sugar), Monoand diglycerides, Locust bean gum, Cellulose gum, Guar gum, Natural and artificial flavour, Beet red, Anthocyanins, Carotene, Annatto, Citric acid.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	✓
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g)

% Daily Value* Calories 100 % valeur quotidienne* Fat / Lipides 1.5 g 2 % Saturated / saturés 1 o 5 % + Trans / trans 0 q

Carbohydrate / Glucides 22 g Fibre / Fibres 0 g Sugars / Sucres 16 g

Protein / Protéines 1 g Cholesterol / Cholestérol 5 mg

Sodium 20 ma

Potassium 50 mg 1 % 2 % Calcium 30 mg Iron / Fer 0 mg 0 %

*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu. 15% ou plus c'est beaucoup

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

% Daily Value* Calories 160 % valeur quotidienne* Fat / Lipides 2.5 g 3 % Saturated / saturés 1.5 g 8 % + Trans / trans 0.1 g Carbohydrate / Glucides 35 q Fibre / Fibres 0 g 0 % Sugars / Sucres 26 g 26 % Protein / Protéines 1 g Cholesterol / Cholestérol 10 mg 3 %

Sodium 30 mg 1 % Potassium 75 mg 2 % 4 % Calcium 50 mg Iron / Fer 0.1 mg 1 % *5% or less is a little, 15% or more is a lot

0 %

16 %

2 %

1 %

Kosher Certified

Halal Certified BR# 0842 Transfats occur naturally at low levels in cream and milk.

*5% ou moins c'est peu. 15% ou plus c'est beaucoup

Nutrition Facts

Valeur nutritive

Saturated / saturés 7 g

Carbohydrate / Glucides 36 g

Cholesterol / Cholestérol 45 mg

+ Trans / trans 0.4 g

Sugars / Sucres 29 g

Protein / Protéines 4 a

Fibre / Fibres 0 a

Sodium 150 mg

Potassium 225 mg

Calcium 150 mg

15 % or more is a lot

Calories 290

Fat / Lipides 14 g

Per 4 oz (113 g) / pour (113 g)

% Daily Value*

19 %

37 %

0 %

29 %

15 %

7 %

5 %

12 %

1 %

% valeur quotidienne*

^{15 %} or more is a lot *5 % ou moins c'est peu, *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup 15 % ou plus c'est beaucoup

ROCKY ROAD

INGREDIENT STATEMENT

Milk, Sugars (sugar, glucose solids), Cream, Marshmallows (corn syrup, sugar, modified corn starch, gelatin, water, tetrasodium pyrophosphate), Roasted almonds (almonds, safflower and/ or canola oil), Cocoa, Unsweetened chocolate, Skim milk powder, Whey powder, Salt, Monoand diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk, Almonds

May Contain: Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	✓
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	✓
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g)	
Calories 170 % Dail	y Value* idienne*
Fat / Lipides 9 g	12 %
Saturated / saturés 5 g + Trans / trans 0.2 g	26 %
Carbohydrate / Glucides 22 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 16 g	16 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 25 mg	8 %
Sodium 65 mg	3 %
Potassium 200 mg	4 %
Calcium 100 mg	8 %
Iron / Fer 1 mg	6 %
+ 5 % or loss is a little	

5 % or less is a little, 15 % or more is a lot

- *5 % ou moins c'est peu,
- 15 % ou plus c'est beaucoup

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)		
Calories 280 % Dai	ly Value* tidienne*	
Fat / Lipides 14 g	19 %	
Saturated / saturés 8 g + Trans / trans 0.4 g	42 %	
Carbohydrate / Glucides 35 g Fibre / Fibres 2 g	7 %	
Sugars / Sucres 25 g	25 %	
Protein / Protéines 5 g		
Cholesterol / Cholestérol 40 mg	13 %	
Sodium 100 mg	4 %	
Potassium 300 mg	6 %	
Calcium 150 mg	12 %	
Iron / Fer 1.75 mg	10 %	
*5 % or less is a little, 15 % or more is a lot		

BR# 0648

Transfats occur naturally at low levels in cream and milk.

*5 % ou moins c'est peu,

15 % ou plus c'est beaucoup

Permanent Flavours

RUM RAISIN

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Rum flavoured raisins in syrup (raisins, water, sugar, raisin juice concentrate, pectin, natural flavours, concentrated lemon juice), Rum raisin flavour base [corn syrup, water, raisin syrup (raisins, water), natural flavours, locust bean gum, concentrated lemon juice], Skim milk powder, Whey powder, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan, Annatto, Turmeric.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Peanuts, Soy, Walnuts, Wheat

Allergen	ıs
Eggs	
Milk	✓
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

Nutrition Facts

Valeur nutritive

Saturated / saturés 7 g

+ Trans / trans 0.4 g Carbohydrate / Glucides 34 g Fibre / Fibres 0 a

Sugars / Sucres 28 g

Protein / Protéines 4 g Cholesterol / Cholestérol 40 mg

Sodium 75 ma Potassium 225 mg

Calcium 150 mg

Iron / Fer 0.3 mg

Calories 250

Fat / Lipides 11 g

Per 4 oz (113 g) / pour (113 g)

% Daily Value*

15 %

37 %

0 %

28 %

13 % 3 %

5 %

12 %

2 %

% valeur quotidienne*

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g)

Calories 160 % Daily % valeur quoti	/ Value* dienne*
Fat / Lipides 7 g	9 %
Saturated / saturés 4.5 g + Trans / trans 0.2 g	24 %
Carbohydrate / Glucides 21 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 18 g	18 %
Protein / Protéines 2 g	
Cholesterol / Cholestérol 25 mg	8 %
Sodium 50 mg	2 %
Potassium 150 mg	3 %
Calcium 75 mg	6 %
Iron / Fer 0.2 mg	1 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est be	aucoup

Kosher Certified

BR# 0611

Transfats occur naturally at low levels in cream and milk.

*5% ou moins c'est peu, 15% ou plus c'est beaucoup

*5% or less is a little, 15% or more is a lot

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STRAWBERRY CHEESECAKE

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Strawberry ribbon (strawberries, sugar, corn syrup, water, modified corn starch, concentrated strawberry juice, natural flavour, citric acid, red cabbage and purple carrot juices extracts), Cheesecake pieces [(cream cheese {milk, cream, cheese culture, salt, carob bean gum, xanthan gum, guar gum}), sugar, liquid whole egg, wheat flour, butter, water, palm oil shortening, corn starch, refiner's molasses, natural flavour, lemon puree {chopped lemon peels, sugar, natural flavour}, salt, modified milk ingredients, sodium bicarbonate, stabilizers (carob bean gum and/or xanthan gum and/or guar gum), cinnamon, citric acid]. Cheesecake base [corn syrup, water, high fructose corn syrup, cheese product powder (skim milk, rennet casein, cream, sugar, milk protein isolate, lactic acid, citric acid, sodium hexametaphosphate, dipotassium phosphate), buttermilk powder, lactic acid, natural flavour, carob bean gum, guar gum], Skim milk powder, Whey powder, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk, Eggs, Wheat

May Contain: Almonds, Cashews, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts

Allerger	าร
Eggs	✓
Milk	₽
Gluten (Wheat)	♂
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 02 (7 F g) / pour (7 F g)	
Calories 160 % Daily % valeur quoti	y Value* idienne*
Fat / Lipides 8 g	11 %
Saturated / saturés 5 g + Trans / trans 0.2 g	26 %
Carbohydrate / Glucides 20 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 15 g	15 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 30 mg	10 %
Sodium 70 mg	3 %
Potassium 125 mg	3 %
Calcium 100 mg	8 %
Iron / Fer 0.2 mg	1 %
*5 % or less is a little,	

Nutrition Facts Valeur nutritive

Per 4 oz (113 a) / pour (113 a)

1 61 4 02 (110 g) / pour (110	9)
	Daily Value* quotidienne*
Fat / Lipides 13 g	17 %
Saturated / saturés 8 g + Trans / trans 0.3 g	42 %
Carbohydrate / Glucides 32 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 25 g	25 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 50 n	ng 17 %
Sodium 115 mg	5 %
Potassium 200 mg	4 %
Calcium 150 mg	12 %
Iron / Fer 0.2 mg	1 %
*5 % or less is a little,	

Kosher Certified Halal Certified BR# 0154

15 % or more is a lot

*5 % ou moins c'est peu,

15 % ou plus c'est beaucoup

Transfats occur naturally at low levels in cream and milk.

VANILLA

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Skim milk powder, Salt, Natural flavour, Carotene, Mono & diglycerides, Cellulose gum, Guar gum, Carrageenan, Caramel.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Sov. Walnuts, Wheat

Allergens	
Eggs	
Milk	✓
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

0 %

13 %

12 %

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g) % Daily Value* Calories 150 % valeur quotidienne* Fat / Lipides 9 g 12 %

Saturated / saturés 5 g 27 % + Trans / trans 0.3 g

Carbohydrate / Glucides 16 q Fibre / Fibres 0 g Sugars / Sucres 13 g

Protein / Protéines 3 g Cholesterol / Cholestérol 35 mg

2 % Sodium 55 ma Potassium 150 mg 3 % 8 % Calcium 100 mg Iron / Fer 0.1 mg 1 %

*5% or less is a little. 15% or more is a lot *5% ou moins c'est peu. 15% ou plus c'est beaucoup

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Halal Certified

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

% Daily Value* Calories 240 % valeur quotidienne* Fat / Lipides 14 g 19 % Saturated / saturés 9 g 48 % + Trans / trans 0.5 q Carbohydrate / Glucides 25 q 0 %

Fibre / Fibres 0 g Sugars / Sucres 21 g

Protein / Protéines 5 g Cholesterol / Cholestérol 55 mg

Iron / Fer 0.1 mg

18 % Sodium 90 mg 4 % Potassium 225 mg 5 % 13 % Calcium 175 mg

*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu. 15% ou plus c'est beaucoup

BR# 0649

Transfats occur naturally at low levels in cream and milk.

*5 % ou moins c'est peu.

15 % ou plus c'est beaucoup

21 %

1 %

VERY BERRY STRAWBERRY

INGREDIENT STATEMENT

Milk, Cream, Sliced sweetened strawberries (strawberries, high fructose corn syrup, sugar, locust bean gum, citric acid, xanthan gum), Sugars (sugar, glucose solids), Strawberry fruit base [strawberry puree, sugar, high fructose corn syrup, water, natural and artificial flavour, citric acid, locust bean gum, fruit and vegetable juice (carrot, blackcurrant)], Skim milk powder, Whey powder, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan, Beet red, Carotene.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allerger	ıs
Eggs	
Milk	✓
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

rei 2.3 02 (7 i g) / poui (7 i g)		
Calories 140 % Daily % valeur quoti	y Value* idienne*	
Fat / Lipides 7 g	9 %	
Saturated / saturés 4 g + Trans / trans 0.2 g	21 %	
Carbohydrate / Glucides 18 g		
Fibre / Fibres 0 g	0 %	
Sugars / Sucres 15 g	15 %	
Protein / Protéines 2 g		
Cholesterol / Cholestérol 25 mg	8 %	
Sodium 45 mg	2 %	
Potassium 125 mg	3 %	
Calcium 75 mg	6 %	
Iron / Fer 0.1 mg	1 %	
*5 % or less is a little.		

Nutrition Facts Valeur nutritive

Per 4 oz (113 a) / nour (113 a)

rei 4 02 (113 g) / poui (113	9)
	Daily Value* quotidienne*
Fat / Lipides 10 g	13 %
Saturated / saturés 7 g + Trans / trans 0.4 g	37 %
Carbohydrate / Glucides 28 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 23 g	23 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 40 n	ng 13 %
Sodium 70 mg	3 %
Potassium 200 mg	4 %
Calcium 125 mg	10 %
Iron / Fer 0.2 mg	1 %
*5 % or less is a little,	

Kosher Certified Halal Certified BR# 0607

15 % ou plus c'est beaucoup

15 % or more is a lot

*5 % ou moins c'est peu,

Transfats occur naturally at low levels in cream and milk.

WILD 'N RECKLESS SHERBET

INGREDIENT STATEMENT

Water, Sugars (sugar, glucose solids, raspberry puree (red raspberries, sugar)), Cream, Skim milk powder, Citric acid, Tartrazine, Brilliant blue FCF, Mono- and diglyceride, Carob bean gum, Cellulose gum, Guar gum, Natural and artificial flavour, Sunset yellow FCF, Allura red.

May Contain: Almonds. Cashews. Eggs. Hazelnuts. Macadamia nuts. Pecans. Peanuts. Pistachios, Sov. Walnuts, Wheat

Allergen	ıs
Eggs	
Milk	•
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

2 %

6 %

0 %

16 %

2 %

1 %

1 %

3 %

0 %

Calcium 50 mg

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g) % Daily Value* Calories 100 % valeur quotidienne*

Fat / Lipides 1.5 g Saturated / saturés 1 g + Trans / trans 0.1 g Carbohydrate / Glucides 21 g

Fibre / Fibres 0 a Sugars / Sucres 16 g Protein / Protéines 1 g

Cholesterol / Cholestérol 5 mg Sodium 20 ma

Potassium 50 mg Calcium 40 mg

*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu. 15% ou plus c'est beaucoup

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Iron / Fer 0 mg

Halal Certified BR# 0815

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

% Daily Value* Calories 160 % valeur quotidienne* Fat / Lipides 2.5 g 3 % Saturated / saturés 1.5 g 8 % + Trans / trans 0.1 g Carbohydrate / Glucides 34 g 0 %

Fibre / Fibres 0 g Sugars / Sucres 25 g

Protein / Protéines 2 g

Cholesterol / Cholestérol 10 mg 3 % Sodium 30 mg 1 % Potassium 75 mg 2 %

Iron / Fer 0.1 mg 1 % *5% or less is a little, 15% or more is a lot *5% ou moins c'est peu. 15% ou plus c'est beaucoup

Transfats occur naturally at low levels in cream and milk.

*5 % ou moins c'est peu,

15 % ou plus c'est beaucoup

25 %

4 %

WORLD CLASS™ CHOCOLATE

INGREDIENT STATEMENT

Milk, Sugars (sugar, glucose solids), Cream, Mousse base (palm kernel oil, palm oil, corn syrup solids, sodium caseinate, propylene glycol monostearate, mono- and diglycerides, cellulose gum, acetylated monoglycerides, guar gum, carrageenan), Skim milk powder, Cocoa, Whey powder, Unsweetened chocolate, Natural and artificial flavour.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allerge	ns	
Eggs		
Milk	●	
Gluten (Wheat)		
Gluten (Barley)		
Gluten (Rye)		
Gluten (Oats)		
Peanuts		
Tree Nuts		
Soy		
Sulphites		

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (/1 g) / pour (/1 g)		
Calories 180 % Daily % valeur quoti	y Value* idienne*	
Fat / Lipides 10 g	13 %	
Saturated / saturés 7 g + Trans / trans 0.3 g	37 %	
Carbohydrate / Glucides 19 g		
Fibre / Fibres 1 g	4 %	
Sugars / Sucres 15 g	15 %	
Protein / Protéines 3 g		
Cholesterol / Cholestérol 30 mg	10 %	
Sodium 55 mg	2 %	
Potassium 175 mg	4 %	
Calcium 100 mg	8 %	
Iron / Fer 0.5 mg	3 %	
*5 % or less is a little, 15 % or more is a lot *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup		

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

Calories 280 % valeur qu	aily Value* iotidienne*		
Fat / Lipides 16 g	21 %		
Saturated / saturés 11 g + Trans / trans 0.4 g	57 %		
Carbohydrate / Glucides 31 g			
Fibre / Fibres 1 g	4 %		
Sugars / Sucres 23 g	23 %		
Protein / Protéines 5 g			
Cholesterol / Cholestérol 45 mg 15 %			
Sodium 90 mg 4 %			
Potassium 250 mg	5 %		
Calcium 150 mg	12 %		
Iron / Fer 0.75 mg	4 %		
*5 % or less is a little, 15 % or more is a lot *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup			

Kosher Certified



Baskin-Robbins® has made a reasonable effort to provide nutritional and ingredient information based upon standard product formulations and following the Canadian auidelines using formulation and nutrition labeling software. Variations may occur due to: seasonal conditions; regional differences; ingredient substitutions and differences in product assembly or size at the restaurant. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all restaurants. Any customers with specific dietary concerns are advised to call our customer care line (1-800-859-5339).

Flavour offerings may vary by store.

LEGEND

No Sugar Added



= Non Fat



33

= Non Dairy

2024 Flavour of the Month



PEANUT BUTTER BLOSSOM

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Chocolate fudge crackle ribbon (icing sugar, peanut oil, unsweetened chocolate, cocoa, soy lecithin, salt), Peanut butter base (roasted peanuts, peanut oil, sugar, salt, hydrogenated rapeseed oil), Peanut butter chocolate chip cookie dough pieces [wheat flour, sugar, soybean and palm oil margarine (soybean oil, palm oil, water, salt, mono- and diglycerides, soy lecithin, sodium benzoate, natural flavour, annatto, vitamin A palmitate, vitamin D3), water, roasted peanuts, semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin), corn syrup, palm oil, fructose, maltodextrin, salt, blackstrap molasses, soy lecithin, natural flavourl, Chocolate flavoured chips (sugar, coconut oil, cocoa powder, modified palm kernel and palm oil, natural flavour, soy lecithin), Skim milk powder, Whey powder, Apple cider concentrate, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk, Peanuts, Soy, Wheat

May contain: Almonds, Cashews, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Walnuts, Eggs

Allergens		
Eggs		
Milk		
Gluten (Wheat)	•	
Gluten (Barley)		
Gluten (Rye)		
Gluten (Oats)		
Peanuts	•	
Tree Nuts		
Soy	₽	
Sulphites		

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 a) / nour (71 a)

Per 2.5 02 (7 r g) / pour (7 r g)		
Calories 220 % Da waleur qu	aily Value* otidienne*	
Fat / Lipides 13 g	17 %	
Saturated / saturés 6 g + Trans / trans 0.2 g	31 %	
Carbohydrate / Glucides 23 g		
Fibre / Fibres 1 g	4 %	
Sugars / Sucres 17 g	17 %	
Protein / Protéines 4 g		
Cholesterol / Cholestérol 25 mg	8 %	
Sodium 115 mg	5 %	
Potassium 175 mg	4 %	
Calcium 75 mg	6 %	
Iron / Fer 0.5 mg	3 %	
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu. 15% ou plus c'est beaucoup		

Fat / Lipides 21 g Saturated / saturés 9 g + Trans / trans 0.4 g Carbohydrate / Glucides 36 g Fibre / Fibres 1 g Sugars / Sucres 27 g

Iron / Fer 0.75 mg

Calories 350

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

% Daily Value*

28 %

47 %

4 %

27 %

4 %

% valeur quotidienne*

Protein / Protéines 6 g Cholesterol / Cholestérol 40 mg 13 % Sodium 180 mg 8 % Potassium 250 mg 5 % 10 % Calcium 125 mg

*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu. 15% ou plus c'est beaucoup

Kosher Certified

Halal Certified BR# 5050467 Transfats occur naturally at low levels in cream and milk.

Flavour of the Month www.baskinrobbins.ca www.baskinrobbins.ca



LOVE POTION #31®

INGREDIENT STATEMENT

Milk, Sugars (sugar, raspberry puree (red raspberries, sugar), glucose solids), Cream, Raspberry filled candies (sugar, coconut oil, corn syrup, cocoa processed with alkali, raspberries, palm kernel oil, cocoa, soy lecithin, natural flavours, citric acid, milk), Dark chocolate flavoured chips (sugar, coconut oil, cocoa, butter oil, soy lecithin, natural flavour), Skim milk powder, Whey powder, Natural and artificial flavour, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan, Fruit and vegetable juice (pumpkin, apple, beetroot).

CONTAINS: Milk, Soy

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Walnuts, Wheat

Allerge	ns
Eggs	
Milk	•
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	•
Sulphites	

Nutrition Facts

Valeur nutritive

Saturated / saturés 10 g

+ Trans / trans 0.4 g Carbohydrate / Glucides 34 g Fibre / Fibres 1 g

Sugars / Sucres 28 g

Protein / Protéines 4 a

Sodium 70 mg

Potassium 300 mg

Calcium 150 mg

*5 % or less is a little,

15 % or more is a lot

*5 % ou moins c'est peu,

15 % ou plus c'est beaucoup

Iron / Fer 1 ma

Cholesterol / Cholestérol 40 mg

Calories 280

Fat / Lipides 14 g

Per 4 oz (113 g) / pour (113 g)

% Daily Value*

19 %

52 %

4 %

28 %

13 %

3 %

6 %

12 %

6 %

% valeur quotidienne*

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (/1 g) / pour (/1 g)			
Calories 170 % Daily % valeur quoti	y Value* idienne*		
Fat / Lipides 9 g	12 %		
Saturated / saturés 6 g + Trans / trans 0.3 g	32 %		
Carbohydrate / Glucides 21 g			
Fibre / Fibres 1 g	4 %		
Sugars / Sucres 18 g	18 %		
Protein / Protéines 3 g			
Cholesterol / Cholestérol 25 mg	8 %		
Sodium 45 mg	2 %		
Potassium 175 mg	4 %		
Calcium 75 mg	6 %		
Iron / Fer 0.75 mg	4 %		
. 5.0/ 1			

*5 % or less is a little, 15 % or more is a lot

- *5 % ou moins c'est peu,
- 15 % ou plus c'est beaucoup

Kosher Certified

BR# 0662

Transfats occur naturally at low levels in cream and milk.

DOUBLE DARK MOCHA

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Chocolate flavoured ribbon [sugar, water, cocoa, corn starch, salt, citric acid], Arabica coffee extract [filtered water, coffee], Fudge brownie pieces [sugar, wheat flour, soybean oil, water, unsweetened chocolate, corn syrup, corn starch, egg, powdered sugar (sugar, corn starch), natural flavour, palm shortening (palm oil, monoglycerides), invert sugar, salt, soy lecithin, potassium sorbate], Cocoa, Unsweetened chocolate, Whey powder, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan, Apple cider concentrate.

Contains: Eggs, Milk, Soy, Wheat

Allergens		
Eggs	✓	
Milk	✓	
Gluten (Wheat)	✓	
Gluten (Barley)		
Gluten (Rye)		
Gluten (Oats)		
Peanuts		
Tree Nuts		
Soy	✓	
Sulphites		

2 %

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g)

Calories 160 % valeur quo	ily Valu tidienn	
Fat / Lipides 7 g	9	%
Saturated / saturés 4.5 g + Trans / trans 0.2 g	24	%
Carbohydrate / Glucides 21 g		
Fibre / Fibres 1 g	4	%
Sugars / Sucres 16 g	16	%
Protein / Protéines 3 g		
Cholesterol / Cholestérol 25 mg	8	%

Sodium 55 ma

Potassium 200 mg 4 % 6 % Calcium 75 mg 4 % Iron / Fer 0.75 mg

*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup

Kosher Certified



Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

Calories	250		6 Daily Value* quotidienne*
Fat / Lipide Saturated + Trans / t	/ saturé		15 % 37 %
Carbohydra	ate / Glu	icides 34 o	<u> </u>

Fibre / Fibres 1 g Sugars / Sucres 26 g

Protein / Protéines 4 ~

Protein / Proteines 4 g	
Cholesterol / Cholestérol 40 mg	
Sodium 90 ma	

otassium 300 mg	6 %
Calcium 125 mg	10 %
ron / Fer 1 mg	6 %

^{*5%} or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup

BR# 5049848

Transfats occur naturally at low levels in cream and milk.

Halal Certified

4 %

26 %

13 %

4 %

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Skim milk powder, Cheesecake base [corn syrup, water, high fructose corn syrup, cheese product powder (skim milk, rennet casein, cream, sugar, milk protein isolate, lactic acid, citric acid, sodium hexametaphosphate, dipotassium phosphate), buttermilk powder, lactic acid, natural flavours, carob bean gum, guar gum], Cheesecake pieces [cream cheese (milk, cream, cheese culture, salt, carob bean gum, xanthan gum, guar gum), sugar, liquid whole egg, wheat flour, butter, water, palm shortening, corn starch, refiner's molasses, natural flavour, lemon puree (chopped lemon peels, sugar, natural flavour), salt, modified milk ingredients, sodium bicarbonate, carob bean gum, xanthan gum. guar gum), cinnamon, citric acid], Whey powder, Apple cider concentrate, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan, Beet juice, Carotene, Natural and artifical flavour.

Contains: Eggs, Wheat, Milk

May Contain: Almonds, Cashews, Hazelnuts, Macadamia Nuts, Pecans, Peanuts, Pistachios, Sov. Walnuts

Allergens	6
Eggs	•
Milk	•
Gluten (Wheat)	✓
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g)		
Calories 160 % Daily % valeur quoti	/ Value* dienne*	
Fat / Lipides 8 g	11 %	
Saturated / saturés 5 g + Trans / trans 0.3 g	27 %	
Carbohydrate / Glucides 17 g		
Fibre / Fibres 0 g	0 %	
Sugars / Sucres 14 g	14 %	
Protein / Protéines 3 g		
Cholesterol / Cholestérol 35 mg	12 %	
Sodium 70 mg	3 %	
Potassium 150 mg	3 %	
Calcium 100 mg	8 %	
Iron / Fer 0.1 mg	1 %	
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup		

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

Calories 250 % Dail	ly Value* idienne*	
Fat / Lipides 13 g	17 %	
Saturated / saturés 8 g + Trans / trans 0.4 g	42 %	
Carbohydrate / Glucides 28 g		
Fibre / Fibres 0 g	0 %	
Sugars / Sucres 22 g	22 %	
Protein / Protéines 5 g		
Cholesterol / Cholestérol 50 mg	17 %	
Sodium 110 mg	5 %	
Potassium 225 mg	5 %	
Calcium 175 mg	13 %	
Iron / Fer 0.1 mg	1 %	
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup		

Kosher Certified

Halal Certified BR# 5050440 Transfats occur naturally at low levels in cream and milk.

CANDY CARNIVAL

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose syrup solids), Chocolate sandwich cookies [sugar, wheat flour, palm and palm kernel oil, cocoa, corn flour, salt, baking soda, dextrose, soy lecithin, natural flavour], Cotton candy ribbon [sugar, corn oil, refined coconut oil, cornstarch, salt, spirulina extract, soy lecithin, soybean oil, natural flavour], Skim milk powder, Whey powder, Salt, Spirulina extract, Beet juice, Carotene, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan, Natural flavour.

Contains: Milk, Soy, Wheat

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia Nuts, Pecans, Peanuts, Pistachios, Walnuts

Allergens		
Eggs		
Milk	✓	
Gluten (Wheat)	✓	
Gluten (Barley)		
Gluten (Rye)		
Gluten (Oats)		
Peanuts		
Tree Nuts		
Soy	✓	
Sulphites		

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g) Calories 210

% Daily Value* % valeur quotidienne*

0 %

18 %

4 %

6 %

2 %

Fat / Lipides 11 g 15 % Saturated / saturés 6 g 32 % + Trans / trans 0.3 g

Carbohydrate / Glucides 24 g Fibre / Fibres 0 a

Sugars / Sucres 18 g Protein / Protéines 3 g

Cholesterol / Cholestérol 25 ma 8 % 5 % Sodium 105 ma

Potassium 125 mg Calcium 75 mg

*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup

Kosher Certified

Iron / Fer 0.3 mg

Halal Certified

BR# 5050487

Nutrition Facts

Valeur nutritive

Per 4 oz (113 g) / po	ur (113 g)
Calories 330	% Daily Value* % valeur quotidienne*
at / Lipides 18 g	24 %
Saturated / saturés 9 + Trans / trans 0.4 g	9 47 %
Carbohydrate / Glucio	les 38 g
Fibre / Fibres 0 g	0 %
Sugare / Sugree 20 a	20 %

Sugars / Sucres 29 g Protein / Protéines 4 g

Cholesterol / Cholestérol 40 mg 13 % Sodium 170 ma

7 % Potassium 200 mg 6 % Calcium 125 mg 10 % Iron / Fer 0.5 mg 3 %

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*5% or less is a little. 15% or more is a lot *5% ou moins c'est peu. 15% ou plus c'est beaucoup

Transfats occur naturally at low levels in cream and milk.

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INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose syrup solids), Skim milk powder, Buttermilk flavoured base [corn syrup, water, sugar, dextrose, natural flavour, salt, gum arabic, pectin], Strawberry Flavoured Ribbon [sugar, strawberries, water, modified corn starch, natural flavour, citric acid, purple carrot concentrate], Strawberries in syrup [strawberries, sugar, water, modified corn starch, citric acid], Biscuit pieces [wheat flour, sugar, butter, water, pasteurized eggs, natural flavour, salt, sodium bicarbonate], Whey powder, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

Contains: Eggs, Milk, Wheat

May Contain: Almonds, Cashews, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Peanuts, Walnuts, Soy

Allerge	ns	
Eggs	✓	
Milk	₽	
Gluten (Wheat)	✔	
Gluten (Barley)		
Gluten (Rye)		
Gluten (Oats)		
Peanuts		
Tree Nuts		
Soy		
Sulphites		

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 a) / nour (71 a)

Per 2.5 oz (7 i g) / pour (7 i g)		
Calories 160 % Daily % valeur quotien	Value* dienne*	
Fat / Lipides 6 g	8 %	
Saturated / saturés 4 g + Trans / trans 0.2 g	21 %	
Carbohydrate / Glucides 25 g		
Fibre / Fibres 0 g	0 %	
Sugars / Sucres 19 g	19 %	
Protein / Protéines 2 g		
Cholesterol / Cholestérol 25 mg	8 %	
Sodium 95 mg	4 %	
Potassium 100 mg	2 %	
Calcium 75 mg	6 %	
Iron / Fer 0.4 mg	2 %	
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup		

Nutrition Facts Valeur nutritive

Per 4 oz (113 a) / pour (113 a)

Calories 260 % Dail		
Fat / Lipides 10 g	13	%
Saturated / saturés 6 g + Trans / trans 0.3 g	32	%
Carbohydrate / Glucides 40 g		
Fibre / Fibres 0 g	0	%
Sugars / Sucres 29 g	29	%
Protein / Protéines 4 g		
Cholesterol / Cholestérol 40 mg	13	%
Sodium 150 mg	7	%
Potassium 175 mg	4	%
Calcium 125 mg	10	%
Iron / Fer 0.5 mg	3	%
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est be	auco	up

Kosher Certified



Halal Certified BR# 5049977

Transfats occur naturally at low levels in cream and milk.

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Baskin-Robbins® has made a reasonable effort to provide nutritional and ingredient information based upon standard product formulations and following the Canadian guidelines using formulation and nutrition labeling software. Variations may occur due to: seasonal conditions; regional differences; ingredient substitutions and differences in product assembly or size at the restaurant. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all restaurants. Any customers with specific dietary concerns are advised to call our customer care line (1-800-859-5339).

Flavour offerings may vary by store.

LEGEND

No Sugar Added

= Non Fat

= Non Dairy



Flavours are listed by the month they are available

NUTTY COCONUT

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Coconut base (corn syrup, water, sugar, coconut, natural flavours, sodium alginate, citric acid), Walnuts (may contain traces of cashews), Roasted almonds (almonds, safflower and/or canola oil), Roasted pecans (pecans, cottonseed oil, butter, salt), Skim milk powder, Whey powder, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk, Almonds, Pecans, Walnuts

May Contain: Cashews, Eggs, Hazelnuts, Macadamia nuts, Peanuts, Pistachios, Soy, Wheat

Allerger	is	
Eggs		
Milk	₽	
Gluten (Wheat)		
Gluten (Barley)		
Gluten (Rye)		
Gluten (Oats)		
Peanuts		
Tree Nuts	₽	
Soy		
Sulphites		

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 a) / pour (71 a)

1 of 2.0 oz (1 i g) / pour (1 i g)		
Calories 190 % Dail	y Value* idienne*	
Fat / Lipides 12 g	16 %	
Saturated / saturés 6 g + Trans / trans 0.2 g	31 %	
Carbohydrate / Glucides 17 g		
Fibre / Fibres 1 g	4 %	
Sugars / Sucres 13 g	13 %	
Protein / Protéines 4 g		
Cholesterol / Cholestérol 30 mg	10 %	
Sodium 55 mg	2 %	
Potassium 150 mg	3 %	
Calcium 100 mg	8 %	
Iron / Fer 0.3 mg	2 %	
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup		

Halal Certified BR# 0212

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

Calories 300 % Daily % valeur quoti	/ Value* dienne*	
Fat / Lipides 19 g	25 %	
Saturated / saturés 9 g + Trans / trans 0.4 g	47 %	
Carbohydrate / Glucides 28 g		
Fibre / Fibres 1 g	4 %	
Sugars / Sucres 21 g	21 %	
Protein / Protéines 6 g		
Cholesterol / Cholestérol 45 mg	15 %	
Sodium 85 mg	4 %	
Potassium 250 mg	5 %	
Calcium 150 mg	12 %	
ron / Fer 0.5 mg	3 %	
5% or less is a little, 15% or more is a lot 5% ou moins c'est peu, 15% ou plus c'est beaucoup		

Kosher Certified

Transfats occur naturally at low levels in cream and milk.

42

Seasonal Flavours www.baskinrobbins.ca www.baskinrobbins.ca

GERMAN CHOCOLATE CAKE

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Caramel ribbon (sweetened condensed milk (milk, sugar), corn syrup, water, sugar, butter, glycerin, pectin, salt, sodium citrate, natural flavour, baking soda), Coconut base (corn syrup, coconut, water, sugar, modified corn starch, natural and artificial flavour, salt, potassium sorbate, citric acid), Walnut pieces (may contain traces of almonds, cashews), Fudge pieces (icing sugar, sugar, wheat flour, soybean oil, water, cocoa processed with alkali, corn syrup, cornstarch, liquid whole eggs, palm shortening, invert sugar, soy lecithin, natural flavour, salt), Skim milk powder, Whey powder, Cocoa, Unsweetened chocolate, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk, Walnuts, Wheat, Eggs, Soy

May contain: Peanuts, Almonds, Cashews, Hazelnuts, Macadamia nuts, Pecans, Pistachios

Allerger	ns	
Eggs	✓	
Milk	₽	
Gluten (Wheat)	•	
Gluten (Barley)		
Gluten (Rye)		
Gluten (Oats)		
Peanuts		
Tree Nuts	₽	
Soy	₽	
Sulphites		

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g)	
Calories 190 % Daily % valeur quoti	/ Value* dienne*
Fat / Lipides 10 g	13 %
Saturated / saturés 5 g + Trans / trans 0.2 g	26 %
Carbohydrate / Glucides 24 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 17 g	17 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 25 mg	8 %
Sodium 75 mg	3 %
Potassium 175 mg	4 %
Calcium 100 mg	8 %
Iron / Fer 0.75 mg	4 %
*5 % or less is a little, 15 % or more is a lot *5 % ou moins c'est peu, 15 % ou plus c'est beauc	coup

Kosher Certified Halal Certified BR# 0174

Transfats occur naturally at low levels in cream and milk.

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)	
Calories 310 % Dail	y Value* idienne*
Fat / Lipides 16 g	21 %
Saturated / saturés 8 g + Trans / trans 0.4 g	42 %
Carbohydrate / Glucides 38 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 28 g	28 %
Protein / Protéines 6 g	
Cholesterol / Cholestérol 40 mg	13 %
Sodium 120 mg	5 %
Potassium 300 mg	6 %
Calcium 150 mg	12 %
Iron / Fer 1.25 mg	7 %
*5 % or less is a little, 15 % or more is a lot *5 % ou moins c'est peu, 15 % ou plus c'est beau	coup

MADE WITH SNICKERS®

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Caramel ribbon [sweetened condensed milk (milk, sugar), corn syrup, water, sugar, butter (cream, salt), glycerin, pectin, salt, sodium citrate, natural flavour, sodium bicarbonate], Snickers® candy pieces [milk, chocolate (sugar, cocoa butter, chocolate, skim milk, lactose, milkfat, soy lecithin), peanuts, corn syrup, sugar, palm oil, skim milk, lactose, salt, dried egg whites, artificial flavour] (may contain traces of wheat, almonds, pecans), Skim milk powder, Whey powder, Salt, Fruit juice (apple), Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan, Natural and artificial flavour, Annatto.

CONTAINS: Milk, Soy, Peanuts, Eggs

May Contain: Almonds, Cashews, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Walnuts, Wheat

Allergens	
Eggs	✓
Milk	•
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	•
Tree Nuts	
Soy	•
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 a) / nour (71 a)

rei 2.3 02 (/ i g) / poui (/ i g)		
Calories 180	% Daily Value* % valeur quotidienne*	
Fat / Lipides 9 g	12 %	
Saturated / saturés 5 g + Trans / trans 0.2 g	26 %	
Carbohydrate / Glucides 2	3 g	
Fibre / Fibres 0 g	0 %	
Sugars / Sucres 18 g	18 %	
Protein / Protéines 3 g		
Cholesterol / Cholestérol 2	25 mg 8 %	
Sodium 90 mg	4 %	
Potassium 150 mg	3 %	
Calcium 100 mg	8 %	
Iron / Fer 0.1 mg	1 %	
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup		

Kosher Certified

Halal Certified BR# 0575

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

· · · · · · · · · · · · · · · · · · ·		
Calories 290	% Daily Value* % valeur quotidienne*	
Fat / Lipides 14 g	19 %	
Saturated / saturés 8 g + Trans / trans 0.4 g	42 %	
Carbohydrate / Glucides 36	6 g	
Fibre / Fibres 0 g	0 %	
Sugars / Sucres 29 g	29 %	
Protein / Protéines 5 g		
Cholesterol / Cholestérol 4	5 mg 15 %	
Sodium 140 mg	6 %	
Potassium 225 mg	5 %	
Calcium 150 mg	12 %	
Iron / Fer 0.2 mg	1 %	
*5% or less is a little, 15% or more *5% ou moins c'est peu, 15% ou p		

Transfats occur naturally at low levels in cream and milk.

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MOM'S MAKIN' COOKIES

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Cookie dough flavoured ribbon (sugar, corn syrup, wheat flour, brown sugar, butter, water, coconut oil, refined peanut oil, natural flavour, soy lecithin, salt, turmeric), Mini chocolate chip cookies (wheat flour, sugar, butter, water, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, natural flavour), pasteurized liquid whole egg, blackstrap molasses, natural flavour, baking soda, salt, skim milk powder), Brown sugar flavoured base (brown sugar, sugar, water, corn syrup, blackstrap molasses, modified corn starch, salt), Skim milk powder, Chocolate flavoured chips (sugar, coconut oil, cocoa powder, modified palm kernel and palm oil, natural flavour, soy lecithin). Whey powder, Salt, Natural and artificial flavours, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Eggs, Milk, Soy, Wheat

May Contain: Almonds, Cashews, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Peanuts, Walnuts

Allergens	
Eggs	✓
Milk	✓
Gluten (Wheat)	✓
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	✓
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / poi	ur (71 g)
Calories 200	% Daily Value* % valeur quotidienne*
Fat / Lipides 9 g	12 %
Saturated / saturés 6 g + Trans / trans 0.3 g	32 %
Carbohydrate / Glucides	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 20 g	20 %
Protein / Protéines 3 g	
Cholesterol / Cholestére	ol 30 mg 10 %
Sodium 85 mg	4 %
Potassium 125 mg	3 %
Calcium 75 mg	6 %
Iron / Fer 0.4 mg	2 %
*5% or less is a little, 15% or *5% ou moins c'est peu, 15%	

Nutrition Facts Valeur nutritive

Per 4 oz (113 a) / pour (113 a)

o o= (o g) / pod. (o g)		
Calories 310	% Daily Value* % valeur quotidienne*	
Fat / Lipides 14 g	19 %	
Saturated / saturés 9 g + Trans / trans 0.4 g	47 %	
Carbohydrate / Glucides 42	! g	
Fibre / Fibres 0 g	0 %	
Sugars / Sucres 31 g	31 %	
Protein / Protéines 4 g		
Cholesterol / Cholestérol 4	5 mg 15 %	
Sodium 135 mg	6 %	
otassium 200 mg	4 %	
Calcium 125 mg	10 %	
ron / Fer 0.75 mg	4 %	
5% or less is a little , 15% or more 5% ou moins c'est peu , 15% ou pl		

Kosher Certified Halal Certified BR# 2270

Transfats occur naturally at low levels in cream and milk.

MAPLE WALNUT

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids, maple syrup), Walnuts (may contain traces of almonds and cashews), Skim milk powder, Whey powder, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan, Natural and artificial flavour (barley), Caramel.

CONTAINS: Milk, Barley, Walnuts

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Sov. Wheat

Allergens	
Eggs	
Milk	•
Gluten (Wheat)	
Gluten (Barley)	•
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	•
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 a) / nour (71 a)

r er 2.3 02 (7 r g) / pour (7 r g)		
Calories 170	% Daily Value* % valeur quotidienne*	
Fat / Lipides 10 g	13 %	
Saturated / saturés 5 g + Trans / trans 0.3 g	27 %	
Carbohydrate / Glucides 17	'g	
Fibre / Fibres 0 g	0 %	
Sugars / Sucres 13 g	13 %	
Protein / Protéines 3 g		
Cholesterol / Cholestérol 3	0 mg 10 %	
Sodium 50 mg	2 %	
Potassium 150 mg	3 %	
Calcium 100 mg	8 %	
Iron / Fer 0.2 mg	1 %	
*5% or less is a little, 15% or more	is a lot	

Nutrition Facts Valeur nutritive

er 4 oz (113 g) / pour (11	3 g)
Calories 270	% Daily Value* % valeur quotidienne*
at / Lipides 17 g	23 %
Saturated / saturés 8 g + Trans / trans 0.4 g	42 %
Carbohydrate / Glucides 27	g
Fibre / Fibres 1 g	4 %
Sugars / Sucres 21 g	21 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 5	0 mg 17 %
Sodium 80 mg	3 %
Potassium 250 mg	5 %
Calcium 175 mg	13 %
ron / Fer 0.3 mg	2 %
5% or less is a little, 15% or more	

*5% ou moins c'est peu, 15% ou plus c'est beaucoup *5% ou moins c'est peu, 15% ou plus c'est beaucoup

Halal Certified

BR# 0134

BASEBALL NUT™

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Raspberry ribbon [corn syrup, sugar, water, raspberry puree, blackberry puree, sodium alginate, citric acid, natural flavour, purple carrot concentrate, sodium citrate, ascorbic acid], Roasted cashew pieces [cashews, safflower oil, sea salt], Skim milk powder, Whey powder, Salt, Natural and artificial flavour, Carotene, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk, Cashews

May contain: Almonds, Brazil nuts, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pine nuts, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	₽
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	₽
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g)	
Calories 170 % Dai % valeur quo	ly Value* tidienne*
Fat / Lipides 9 g	12 %
Saturated / saturés 4.5 g + Trans / trans 0.2 g	24 %
Carbohydrate / Glucides 21 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 15 g	15 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 25 mg	8 %
Sodium 80 mg	3 %
Potassium 150 mg	4 %
Calcium 100 mg	8 %
Iron / Fer 0.5 mg	3 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est b	eaucoup

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

Calories 270 % Dail		
Fat / Lipides 14 g	19	%
Saturated / saturés 7 g + Trans / trans 0.4 g	37	%
Carbohydrate / Glucides 34 g		_
Fibre / Fibres 1 g	4	%
Sugars / Sucres 23 g	23	%
Protein / Protéines 5 g		_
Cholesterol / Cholestérol 45 mg	15	%
Sodium 130 mg	6	%
Potassium 225 mg	7	%
Calcium 150 mg	12	%
Iron / Fer 0.75 mg	4	%
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est be	aucou	ıρ

Kosher Certified

Halal Certified BR# 0131

Transfats occur naturally at low levels in cream and milk.

MANGO MANIA

INGREDIENT STATEMENT

Milk, Cream, Mango fruit cocktail (sugar, mangoes, pineapples, strawberries, water, modified corn starch, citric acid), Sugars (sugar, glucose solids), Mango base (sugar, water, mangoes, modified corn starch, annatto, citric acid, natural flavour, turmeric), Skim milk powder, Whey powder, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens		
Eggs		
Milk	₹	
Gluten (Wheat)		
Gluten (Barley)		
Gluten (Rye)		
Gluten (Oats)		
Peanuts		
Tree Nuts		
Soy		
Sulphites		

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 g) / pour (71 g)

Calariaa 440 % Daib	/ Value*
Calories 140 % valeur quoti	
Fat / Lipides 6 g	8 %
Saturated / saturés 4 g + Trans / trans 0.2 g	21 %
Carbohydrate / Glucides 19 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 16 g	16 %
Protein / Protéines 2 g	
Cholesterol / Cholestérol 25 mg	8 %
Sodium 40 mg	2 %
Potassium 125 mg	3 %
Calcium 75 mg	6 %
Iron / Fer 0.2 mg	1 %
*5 % or less is a little, 15 % or more is a lot	

- *5 % ou moins c'est peu,
- 15 % ou plus c'est beaucoup

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

rei 4 02 (113 g) / pour (113 g)	
Calories 220 % Dail	y Value* idienne*
Fat / Lipides 10 g	13 %
Saturated / saturés 6 g + Trans / trans 0.4 g	32 %
Carbohydrate / Glucides 30 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 26 g	26 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 40 mg	13 %
Sodium 65 mg	3 %
Potassium 200 mg	4 %
Calcium 125 mg	10 %
ron / Fer 0.3 mg	2 %
5 % or less is a little,	

- 15 % or more is a lot
- *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup

Kosher Certified

Halal Certified BR# 2072

PINK BUBBLEGUM

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Bubble gum pieces [sugar, dextrose, gum base, corn syrup, maltodextrin, natural & artificial flavour, shellac, soy lecithin, beet red, carnauba wax, beeswax], Skim milk powder, Whey powder, Salt, Mono & diglycerides, Cellulose gum, Guar gum, Carrageenan, Erythrosine, Allura red, Brilliant blue FCF, Natural and artificial flavour.

Contains: Milk, Soy

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia Nuts, Pecans, Peanuts, Pistachios, Walnuts, Wheat

Allergens		
Eggs		
Milk	•	
Gluten (Wheat)		
Gluten (Barley)		
Gluten (Rye)		
Gluten (Oats)		
Peanuts		
Tree Nuts		
Soy	•	
Sulphites		

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 a) / nour (71 a)

Per 2.5 02 (7 Fg) / pour (7 Fg	1)
	Daily Value* uotidienne*
Fat / Lipides 7 g	9 %
Saturated / saturés 4.5 g + Trans / trans 0.3 g	24 %
Carbohydrate / Glucides 22 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 19 g	19 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 30 m	g 10 %
Sodium 50 mg	2 %
Potassium 125 mg	3 %
Calcium 100 mg	8 %
Iron / Fer 0.1 mg	1 %

Potassium 200 mg Calcium 150 mg Iron / Fer 0.1 mg

Sodium 75 mg

Nutrition Facts

Valeur nutritive

Saturated / saturés 7 g

+ Trans / trans 0.4 g Carbohydrate / Glucides 35 g Fibre / Fibres 0 g

Sugars / Sucres 31 g

Protein / Protéines 4 a Cholesterol / Cholestérol 45 mg

Calories 260

Fat / Lipides 12 q

Per 4 oz (113 g) / pour (113 g)

% Daily Value*

16 %

37 %

0 %

31 %

15 %

3 %

4 %

12 %

1 %

% valeur quotidienne*

- *5 % or less is a little, *5 % or less is a little, 15 % or more is a lot 15 % or more is a lot *5 % ou moins c'est peu, *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup 15 % ou plus c'est beaucoup
- Kosher Certified

BR# 0239

Transfats occur naturally at low levels in cream and milk.

UBE COCONUT SWIRL

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Ube variegate [corn syrup, water, sugar, modified corn starch, sweet potato powder, vegetable juice blend (beetroot concentrate, carrot concentrate, spirulina concentrate), natural flavour], Ube base [sugar, water, sweetened ube puree (ube purple yam, sugar), modified corn starch, anthocyanins, locust bean gum, citric acid], Ube flavoured base [corn syrup, water, vegetable juice blend (beetroot concentrate, carrot concentrate, spirulina concentrate), sugar, natural flavour, modified corn starch, sweet potato powder], Coconut base [corn syrup, coconut, water, sugar, modified corn starch, natural and artificial flavour, salt, potassium sorbate, citric acidl, Skim milk powder, Whey powder, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan, Natural and artificial flavour.

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia Nuts, Pecans, Peanuts, Pistachios, Sov, Walnuts, Wheat

Allergens	
Eggs	
Milk	•
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 2.5 oz (71 a) / pour (71 a)

Per 2.5 02 (7 1 g) / pour (7 1 g)	
	aily Value* uotidienne*
Fat / Lipides 7 g	9 %
Saturated / saturés 4.5 g + Trans / trans 0.2 g	24 %
Carbohydrate / Glucides 23 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 17 g	17 %
Protein / Protéines 2 g	
Cholesterol / Cholestérol 25 mg	g 8%
Sodium 45 mg	2 %
Potassium 125 mg	3 %
Calcium 75 mg	6 %
Iron / Fer 0.1 mg	1 %
*5 % or less is a little, 15 % or more is a lo *5 % ou moins c'est peu, 15 % ou plus c'es	

Nutrition Facts Valeur nutritive

Per 4 oz (113 g) / pour (113 g)

Calories 260 % valeur que	ily Value* otidienne*
Fat / Lipides 11 g	15 %
Saturated / saturés 7 g + Trans / trans 0.4 g	37 %
Carbohydrate / Glucides 36 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 28 g	28 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 40 mg	13 %
Sodium 75 mg	3 %
Potassium 175 mg	4 %
Calcium 125 mg	10 %
Iron / Fer 0.1 mg	1 %
*5 % or less is a little, 15 % or more is a lot *5 % ou moins c'est peu, 15 % ou plus c'est	beaucoup

Kosher Certified



Transfats occur naturally at low levels in cream and milk.

Halal Certified

Baskin-Robbins® has made a reasonable effort to provide nutritional and ingredient information based upon standard product formulations and following the Canadian guidelines using formulation and nutrition labeling software. Variations may occur due to: seasonal conditions; regional differences; ingredient substitutions and differences in product assembly or size at the restaurant. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all restaurants. Any customers with specific dietary concerns are advised to call our customer care line (1-800-859-5339).

Flavour offerings may vary by store.



CAPPUCCINO BLAST

INGREDIENT STATEMENT

Water, Cappuccino blast concentrate: Water, Coffee extract, Sugar, Natural and artificial flavour, Potassium sorbate (preservative), Milk, Vanilla ice cream: Milk, Cream, Sugars (sugar, glucose solids), Siám milk powder, Satl, Natural flavour, Carotene, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan, Caramel, Whipped cream: Cream, Water, Sugars (sugar, glucose-fructose), Siám milk powder, Mono and diglycerides, Carrageenan, Natural flavour, Nitrous oxide (pressure dispensing agent), Cinnamon.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	✓
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

BR# BV433

Transfats occur naturally at low levels in cream and milk.

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 16oz (473mL) / pour 16oz (473mL)

Calories 300 % vale	% Daily Value* ur quotidienne*
Fat / Lipides 12 g	16 %
Saturated / saturés 7 g + Trans / trans 0.4 g	37 %
Carbohydrate / Glucides 43 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 39 g	39 %
Protein / Protéines 6 g	
Cholesterol / Cholestérol 45 mg	
Sodium 100 mg	4 %
Potassium 300 mg	9 %
Calcium 225 mg	17 %
Iron / Fer 0.1 mg	1 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est be	eaucoup

CAPPUCCINO BLAST MOCHA

INGREDIENT STATEMENT

Water, Cappuccino blast concentrate: Water, Coffee extract, Sugar, Natural and artificial flavour, Potassium sorbate (preservative), Milk, Vanilla lice cream: Milk, Cream, Sugars (sugar, glucose solids), Skim milk powder, Satl, Natural flavour, Carotene, Mono- and diglycenides, Cellulose gum, Guar gum, Carrageenan, Caramel, Chocolate topping: Sugars (sugars and/or plucose-fructose), Water, Cocoa, Modified com starch, Carrageenan, Satl, Sodium benzoate, Artificial flavour, Whipped cream: Cream, Water, Sugars (sugar, glucose), Skim milk powder, Mono and diglycenides, Carrageenan, Natural flavour, Nitrous oxide (pressur dispensing agent), Cimamono.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	∢
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

BR# BV432

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 16oz (473mL) / pour 16oz (473mL)

Calories 390	% Daily Value* % valeur quotidienne*
Fat / Lipides 13 g	17 %
Saturated / saturés 8 g + Trans / trans 0.4 g	42 %
Carbohydrate / Glucide	es 64 g
Fibre / Fibres 0 g	0 %
Sugars / Sucres 56 g	56 %
Protein / Protéines 6 g	
Cholesterol / Cholesté	rol 45 mg 15 %
Sodium 120 mg	5 %
Potassium 300 mg	9 %
Calcium 225 mg	17 %
Iron / Fer 7.5 mg	42 %
*5% or less is a little, 15% or m *5% ou moins c'est peu, 15% o	

Baskin-Robbins® has made a reasonable effort to provide nutritional and ingredient information based upon standard product formulations and following the Canadian guidelines using formulation and nutrition labeling software. Variations may occur due to: seasonal conditions; regional differences; ingredient substitutions and differences in product assembly or size at the restaurant. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all restaurants. Any customers with specific dietary concerns are advised to call our customer care line (1-800-859-5339).

Flavour offerings may vary by store.

Custom Polar Pizzas are made to order. Weights will vary from printed net weight.

For ingredient or allergen information, please speak to a crew member.



CHOCOLATE CHIP COOKIE DOUGH / COOKIE BASE

INGREDIENT STATEMENT

Chocolate chip cookie: Wheat flour, Sugars (brown sugar, invert sugar, sugar, glucosefructose, fancy molasses), Canola oil, Semisweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, artificial vanilla flavour), Water, Whole egg, Natural and artificial flavours (milk), Salt, Sodium bicarbonate, Soy lecithin (emulsifier), Baking powder; Chocolate chip cookie dough ice cream: Milk, Cream, Sugars (sugar, glucose solids), Chocolate chip cookie dough [wheat flour, brown sugar, butter, sugar, pasteurized whole liquid eggs, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin), corn starch, skim milk, natural flavour, salt1, Chocolate flavoured chips (sugar, coconut oil, cocoa powder, modified palm kernel and palm oil, natural flavour, soy lecithin), Skim milk powder, Whey powder, Salt, Natural and artificial flavour, Carotene, Caramel, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan; Marshmallow topping: Vanilla flavored gel [sugars (corn syrup, sugar), water, modified cornstarch, salt, carrageenan, natural and artificial flavour, sodium benzoate, citric acid], Marshmallow creme [sugars (corn syrup, sugar), water, dried egg white, artificial and natural flavour, cream of tartar, xanthan gum], Simple syrup [sugar, water, potassium sorbate {preservative}, citric acid]; Rainbow sprinkles: Icing sugar, Fractionated palm kernel oil, Corn starch, Glucose, Soy lecithin, Colors (allura red, tartrazine, sunset yellow FCF, erythrosine, brilliant blue FCF), Gum arabic, Carnauba wax.

CONTAINS: Eggs, Milk, Soy, Wheat

May Contain: Almonds, Cashews, Hazelnuts, Macadamia Nuts, Pecans, Peanuts, Pistachios, Walnuts

Allergens	
Eggs	✓
Milk	✓
Gluten (Wheat)	•
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	✓
Sulphites	П

This product is custom packed in the restaurant and may have come into contact with additional allergens including Eggs, Fish, Milk, Peanuts, Shellfish, Soy, Tree Nuts, or Wheat.

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 1/8 pie / pour 1/8 pie

rei 170 pie 7 poui 170 pie	
Calories 360 % Dail	y Value* idienne*
Fat / Lipides 14 g	19 %
Saturated / saturés 5 g + Trans / trans 0.3 g	27 %
Carbohydrate / Glucides 55 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 35 g	35 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 30 mg	10 %
Sodium 230 mg	10 %
Potassium 150 mg	4 %
Calcium 75 mg	6 %
Iron / Fer 2.5 mg	14 %
*5% or less is a little, 15% or more is a lot	

5% ou moins c'est peu, 15% ou plus c'est beaucoup

BR# Polar Pizza - Chocolate Chip Cookie Dough

53

COOKIES 'N CREAM / BROWNIE BASE

INGREDIENT STATEMENT

Double fudge brownie cookie: Sugars (sugar, glucose-fructose, fancy molasses), Wheat flour, Canola oil, Water, Cocoa powder processed with alkali. Whole egg. Salt. Sodium bicarbonate, Soy lecithin (emulsifier), Whey (milk), Natural and artificial vanilla flavour: Cookies 'n cream ice cream: Milk, Cream, Sugars (sugar, glucose solids), Chocolate sandwich cookies [sugar, wheat flour, palm and palm kernel oil, cocoa, corn flour, salt, baking soda, dextrose, soy lecithin, natural flavour]. Skim milk powder. Whey powder, Salt, Natural and artificial flavour. Carotene, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan, Caramel; Chopped Oreo pieces: Unbleached wheat flour, Sugars (sugar, invert sugar), Palm and/ or canola oil. Cocoa processed with alkali. Leavening (baking soda and/or calcium phosphate), Soy lecithin, Salt, Chocolate, Natural flavour; Hot fudge topping: Chocolate fudge [sugars (corn syrup, sugar). water, hydrogenated coconut oil, nonfat dry milk, cocoa processed with alkali, modified corn starch, salt, baking soda, ascorbic acid, disodium phosphate, potassium sorbate (preservative), natural and artificial flavours, soy lecithin], Simple syrup [sugar, water, potassium sorbate (preservative), citric acid1: Marshmallow topping: Vanilla flavored gel [sugars (corn syrup, sugar), water, modified cornstarch, salt, carrageenan, natural and artificial flavour, sodium benzoate, citric acid], Marshmallow creme [sugars (corn syrup, sugar), water, dried egg white, artificial and natural flavour, cream of tartar, xanthan gum1. Simple syrup [sugar, water, potassium sorbate (preservative), citric acid).

CONTAINS: Eggs. Milk. Sov. Wheat

May Contain: Almonds, Cashews, Hazelnuts, Macadamia nuts. Pecans. Peanuts. Pistachios, Walnuts

Allergens	
Eggs	₽
Milk	•
Gluten (Wheat)	₽
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	€
Sulphites	

This product is custom packed in the restaurant and may have come into contact with additional allergens including Eggs. Fish. Milk. Peanuts. Shellfish, Soy, Tree Nuts, or Wheat.

BR# Polar Pizza Oreo Cookies 'n Cream

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive Per 1/8 Pie / pour 1/8 Pie

	6 Daily Value* quotidienne*
Fat / Lipides 15 g	20 %
Saturated / saturés 4.5 g + Trans / trans 0.3 g	24 %
Carbohydrate / Glucides 52 g]
Fibre / Fibres 1 g	4 %
Sugars / Sucres 31 g	31 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 20	mg
Sodium 320 mg	14 %
Potassium 225 mg	7 %
Calcium 75 mg	6 %

*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup

17 %

Iron / Fer 3 mg

MINT CHOCOLATE CHIP/BROWNIE BASE

INGREDIENT STATEMENT

Double fudge brownie cookie: Sugars (sugar, glucose-fructose, fancy molasses), Wheat flour, Canola oil, Water, Cocoa powder processed with alkali. Whole egg. Salt, Sodium bicarbonate, Soy lecithin (emulsifier), Whey (milk), Natural and artificial vanilla flavour: Mint chocolate chip ice cream: Milk, Cream, Sugars (sugar, glucose solids), Chocolate chips (sugar, unsweetened chocolate, unsweetened chocolate processed with alkali, butter oil, soy lecithin). Skim milk powder, Whey powder, Salt, Natural flavour, Brilliant blue FCF, Carotene, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan; Chopped Oreo pieces: Unbleached wheat flour, Sugars (sugar, invert sugar), Palm and/ or canola oil. Cocoa processed with alkali. Leavening (baking soda and/or calcium phosphate), Soy lecithin, Salt, Chocolate, Natural flavour; Hot fudge topping: Chocolate fudge [sugars (corn syrup, sugar). water, hydrogenated coconut oil, nonfat dry milk, cocoa processed with alkali, modified corn starch, salt, baking soda, ascorbic acid, disodium phosphate, potassium sorbate (preservative), natural and artificial flavours, soy lecithin], Simple syrup [sugar, water, potassium sorbate (preservative), citric acid]: Marshmallow topping: Vanilla flavored gel [sugars (corn syrup, sugar), water, modified cornstarch, salt, carrageenan, natural and artificial flavour, sodium benzoate, citric acid], Marshmallow creme [sugars (corn syrup, sugar), water, dried egg white, artificial and natural flavour, cream of tartar, xanthan gum]. Simple syrup [sugar, water, potassium sorbate (preservative), citric acid).

CONTAINS: Eggs. Milk. Sov. Wheat

May Contain: Almonds, Cashews, Hazelnuts, Macadamia nuts. Pecans. Peanuts. Pistachios, Walnuts

Allergens	
Eggs	✓
Milk	♂
Gluten (Wheat)	♂
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	♂
Sulphites	

This product is custom packed in the restaurant and may have come into contact with additional allergens including Eggs, Fish, Milk, Peanuts, Shellfish, Soy, Tree Nuts, or Wheat.

BR# Polar Pizza Mint Chocolate Chip

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 1/6 Pie / pour 1/6 Pie	
Calories 350	% Daily Value* % valeur quotidienne*
Fat / Lipides 15 g	20 %
Saturated / saturés 5 + Trans / trans 0.3 g	g 27 %
Carbohydrate / Glucio	les 50 g
Fibre / Fibres 2 g	7 %
Sugars / Sucres 31 g	31 %
Protein / Protéines 4 (9
Cholesterol / Choleste	érol 25 mg
Sodium 300 mg	13 %
Potassium 250 mg	7 %
Calcium 75 mg	6 %
Iron / Fer 3 mg	17 %

*5% or less is a little, 15% or more is a lot 5% ou moins c'est peu, 15% ou plus c'est beaucoup

PEANUT BUTTER 'N CHOCOLATE AND REESE'S" PEANUT CUP / COOKIE BASE

INGREDIENT STATEMENT

Chocolate chip cookie: Wheat flour, Sugars (brown sugar, invert sugar, sugar, glucosefructose, fancy molasses), Canola oil, Semisweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, artificial vanilla flavour), Water, Whole egg, Natural and artificial flavours (milk), Salt, Sodium bicarbonate, Soy lecithin (emulsifier), Baking powder; Peanut butter 'n chocolate ice cream: Milk, Sugars (sugar, glucose solids), Cream, Peanut butter ribbon [peanuts, cottonseed and/or peanut oil, high-fructose corn syrup, salt], Cocoa, Skim milk powder, Whey powder, Unsweetened chocolate, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan; Hot fudge topping: Chocolate fudge [sugars (corn syrup, sugar), water, hydrogenated coconut oil, nonfat dry milk, cocoa processed with alkali, modified corn starch, salt, baking soda, ascorbic acid, disodium phosphate, potassium sorbate (preservative), natural and artificial flavours. soy lecithin], Simple syrup [sugar, water, potassium sorbate (preservative), citric acid]; Peanut butter cup topping: Milk chocolate [sugars (sugar, lactose), cocoa butter, milk ingredients, unsweetened chocolate, soy lecitin, polyglycerol polyricinoleate], Peanuts, Sugars (sugar, dextrose), Salt, TBHQ, Citric

Contains: Eggs, Milk, Peanuts, Soy, Wheat

May Contain: Almonds, Cashews, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Walnuts

NUTRITIONAL DATA

Nutrition Facts			
Valeur nutritive			
Per 1/8 Pie / pour 1/8 Pie			
Calories 370 % Daily % valeur quoti			
Fat / Lipides 18 g	24	%	
Saturated / saturés 6 g + Trans / trans 0.2 g	31	%	
Carbohydrate / Glucides 50 g			
Fibre / Fibres 2 g		%	
Sugars / Sucres 32 g	32	<u>%</u>	
Protein / Protéines 5 g	Protein / Protéines 5 g		
Cholesterol / Cholestérol 25 mg 8 %			
Sodium 250 mg	11	%	
Potassium 225 mg	7	%	
Calcium 75 mg	6	%	
Iron / Fer 3 mg	17	%	
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est bea	aucoi	лр	

Allergens	
Eggs	₹
Milk	•
Gluten (Wheat)	•
Gluten (Barley)	
Gluten (Rye)	
Peanuts	•
Tree Nuts	
Soy	•
Sulphites	П

This product is custom packed in the restaurant and may have come into contact with additional allergens including Eggs, Fish, Milk, Peanuts, Shellfish, Soy, Tree Nuts, or Wheat.

BR# Polar Pizza - Peanut Butter 'n Chocolate and Reese's Peanut Butter Cup

Baskin-Robbins® has made a reasonable effort to provide nutritional and ingredient information based upon standard product formulations and following the Canadian guidelines using formulation and nutrition labeling software. Variations may occur due to: seasonal conditions; regional differences; ingredient substitutions and differences in product assembly or size at the restaurant. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all restaurants. Any customers with specific dietary concerns are advised to call our customer care line (1-800-859-5339).

Flavour offerings may vary by store.



CHOCOLATE MOUSSE ROYALE®

INGREDIENT STATEMENT

Milk, Sugars (sugar, glucose solids), Cream, Chocolate flavoured chunks (icing sugar, coconut oil, cocoa powder, modified palm kernel oil), Mousse base (palm kernel oil, palm oil, com syrup solids, sodium caseinate, propylene glycol monostearate, mono- and diglycerides, cellulose gum, acetylated monoglycerides, guar gum, carrageenan), Skim milk powder, Cocoa, Unsweetened chocolate, Whey powder.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	•
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

Kosher Certified

Halal Certified BR# 7986

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 3/4 cup (188 mL) pour 3/4 tasse (188 mL)

Calories 320

Calcillo CZC	% valeur quotidienne*
Fat / Lipides 18 g	24 %
Saturated / saturés 12 + Trans / trans 0.4 g	² g 62 %
Carbohydrate / Glucid	les 37 g
Fibre / Fibres 2 g	7 %
Sugars / Sucres 28 g	28 %
Protein / Protéines 5 g	3
Cholesterol / Choleste	érol 45 mg
Sodium 95 mg	4 %
Potassium 300 mg	6 %
Calcium 125 mg	10 %
Iron / Fer 1.5 mg	8 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup	

% Daily Value*

Transfats occur naturally at low levels in cream and milk.

COOKIES 'N CREAM

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Chocolate sandwich cookies [sugar, wheat flour, palm and palm kernel oil, cocoa, corn flour, salt, baking soda, dextrose, soy lecithin, natural flavour], Skim milk powder, Whey powder, Salt, Natural and artificial flavour, Carotene, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan, Caramel.

CONTAINS: Milk, Soy, Wheat

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Walnuts

Allergens	
Eggs	
Milk	⋞
Gluten (Wheat)	♥
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	⊌
Sulphites	

Kosher Certified

Halal Certified BR# 7977

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 3/4 cup (188 mL) pour 3/4 tasse (188 mL)

Calories 290

	% valeur quotidienne^
Fat / Lipides 15 g	20 %
Saturated / saturés 10 g + Trans / trans 0.5 g	53 %
Carbohydrate / Glucides	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 24 g	24 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol	50 mg
Sodium 170 mg	7 %
Potassium 225 mg	5 %
Calcium 150 mg	12 %
ron / Fer 0.5 mg	3 %
*5% or less is a little , 15% or mo *5% ou moins c'est peu , 15% ou	

% Daily Value*

Transfats occur naturally at low levels in cream and milk.

Pre-Pack Flavours www.baskinrobbins.ca 6

COTTON CANDY

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Cotton candy base (corn syrup, water, sugar, artificial flavour, sodium citrate, citric acid), Skim milk powder, Whey powder, Salt, Beet red, Brilliant blue FCF, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk

May Contain: Peanuts, Eggs, Wheat, Soy, Almonds, Cashews, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Walnuts

Allergens	
Eggs	
Milk	✓
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

Kosher Certified

Halal Certified BR# 8171

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 3/4 cup (188 mL) pour 3/4 tasse (188 mL)

Calories 260

Calones 200	% valeur quotidienne*
Fat / Lipides 12 g	16 %
Saturated / saturés 8 + Trans / trans 0.4 g	g 42 %
Carbohydrate / Gluci	des 33 g
Fibre / Fibres 0 g	0 %
Sugars / Sucres 22 g	22 %
Protein / Protéines 4	g
Cholesterol / Cholest	t érol 45 mg
Sodium 90 mg	4 %
Potassium 200 mg	4 %
Calcium 150 mg	12 %
Iron / Fer 0.1 mg	1 %

% Daily Value*

Transfats occur naturally at low levels in cream and milk.

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Chocolate flavoured ribbon (water, corn syrup, sugar, cocoa, modified corn starch, natural flavours), Roasted almonds (almonds, safflower and/or canola oil). Jamoca® coffee extract (water, sugar, coffee extract), Skim milk powder, Whey powder, Salt, Caramel, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk, Almonds

May Contain: Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	•
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	₩
Soy	
Sulphites	

Kosher Certified

Halal Certified BR# 7976

NUTRITIONAL DATA

JAMOCA[®] ALMOND FUDGE

Nutrition Facts Valeur nutritive

Per 3/4 cup (188 mL) pour 3/4 tasse (188 mL)

Calories 290

	% valeur quotidienne*
Fat / Lipides 16 g	21 %
Saturated / saturés 7 + Trans / trans 0.4 g	g 37 %
Carbohydrate / Glucio	les 34 g
Fibre / Fibres 1 g	4 %
Sugars / Sucres 25 g	25 %
Protein / Protéines 6 g	3
Cholesterol / Choleste	é rol 45 mg
Sodium 80 mg	3 %
Potassium 300 mg	6 %
Calcium 175 mg	13 %
Iron / Fer 0.75 mg	4 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup	

% Daily Value*

Transfats occur naturally at low levels in cream and milk.

GOLD MEDAL RIBBON™

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids). Caramel ribbon (sweetened condensed milk (milk, sugar), corn syrup, water, sugar, butter, alveerin, pectin, salt, sodium citrate, natural flavour, sodium bicarbonate), Skim milk powder, Whey powder, Cocoa, Unsweetened chocolate. Salt. Natural and artifical flavour. Carotene, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk

May Contain: Almonds. Cashews. Eggs. Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	•
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

Kosher Certified

Halal Certified BR# 7957

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 3/4 cup (188 mL) pour 3/4 tasse (188 mL)

Calories 280

Calonies 200	% valeur quotidienne*
Fat / Lipides 13 g	17 %
Saturated / saturés 8 g + Trans / trans 0.4 g	42 %
Carbohydrate / Glucides	37 g
Fibre / Fibres 1 g	4 %
Sugars / Sucres 29 g	29 %
Protein / Protéines 5 g	
Cholesterol / Cholestéro	I 50 mg
Sodium 140 mg	6 %
Potassium 250 mg	7 %
Calcium 175 mg	13 %
ron / Fer 0.5 mg	3 %
*5% or less is a little, 15% or mor *5% ou moins c'est peu, 15% ou p	

% Daily Value*

Transfats occur naturally at low levels in cream and milk.

MANGO TANGO

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Mango ribbon (corn syrup, mango, sugar, modified corn starch, water, natural flavour, citric acid, carrageenan, carotene, concentrated elderberry juice), Mango base (mango pulp, sugar, corn syrup, natural flavour, water, ascorbic acid, quar qum, locust bean gum), Skim milk powder, Whey powder, Salt, Natural and artificial flavour, Carotene, Malic acid, Turmeric, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	•
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

Kosher Certified

BR# 5048482

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 3/4 cup (188 mL) pour 3/4 tasse (188 mL)

Calories 260

Fat / Lipides 11 g	15 %
Saturated / saturés 7 g + Trans / trans 0.4 g	37 %
Carbohydrate / Glucides 37 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 28 g	28 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 45 mg	

% Daily Value*

% valeur quotidienne*

3 %
4 %
12 %
2 %

*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup

MINT CHOCOLATE CHIP

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Chocolate chips (sugar, unsweetened chocolate chocolate processed with alkali, butter oil, soy lecithin), Skim milk powder, Whey powder, Salt, Natural flavour, Brilliant blue FCF, Carotene, Mono- and diglycerides, Cellulose gum, Guar qum, Carrageenan.

CONTAINS: Milk, Soy

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Walnuts, Wheat

Allergens	
Eggs	
Milk	✓
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	✓
Sulphites	

Kosher Certified

Halal Certified BR# 7992

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 3/4 cup (188 mL) pour 3/4 tasse (188 mL)

Calories 270

Fat / Lipides 16 g	21 %
Saturated / saturés 10 g + Trans / trans 0.5 g	53 %
Carbohydrate / Glucides 29 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 23 g	23 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 55 mg	
Sodium 85 mg	4 %
Potassium 250 mg	5 %
Calcium 175 mg	13 %
Iron / Fer 1 mg	6 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est	beaucoup

% Daily Value*

% valeur quotidienne

Transfats occur naturally at low levels in cream and milk.

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Caramel ribbon (sweetened condensed milk (milk, sugar), corn syrup, water, sugar, butter, glycerin, pectin, salt, sodium citrate, natural flavour, sodium bicarbonate), Praline pecans (sugar, pecans, butter, corn syrup, salt), Skim milk powder, Whey powder, Salt, Natural and artificial flavour, Carotene, Mono- and diglycerides, Cellulose gum, Gurargeenan.

CONTAINS: Milk. Pecans

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	•
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	✓
Soy	
Sulphites	

Kosher Certified

Halal Certified BR# 7975

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

PRALINES 'N CREAM

Per 3/4 cup (188 mL) pour 3/4 tasse (188 mL)

Calarias 220

Calories 320	% valeur quotidienne*
Fat / Lipides 16 g	21 %
Saturated / saturés 8 g + Trans / trans 0.5 g	43 %
Carbohydrate / Glucides	40 g
Fibre / Fibres 1 g	4 %
Sugars / Sucres 32 g	32 %
Protein / Protéines 5 g	
Cholesterol / Cholestéro	I 50 mg
Sodium 160 mg	7 %
Potassium 250 mg	5 %
Calcium 175 mg	13 %
Iron / Fer 0.2 mg	1 %
*5 % or less is a little, 15 % or mo *5 % ou moins c'est peu. 15 % ou	

% Daily Value

Transfats occur naturally at low levels in cream and milk.

PEANUT BUTTER 'N CHOCOLATE

INGREDIENT STATEMENT

Milk, Sugars (sugar, glucose solids), Cream, Peanut butter ribbon [peanuts, cottonseed and/or peanut oil, high-fructose corn syrup, salt], Cocoa, Skim milk powder, Whey powder, Unsweetened chocolate, Salt, Monoand diglycerides, Cellulose gum, Guar gum, Carrageenan.

CONTAINS: Milk, Peanuts

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	●
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	♂
Tree Nuts	
Soy	
Sulphites	

Skosher Certified

Halal Certified BR# 7958

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 3/4 cup (188 mL) pour 3/4 tasse (188 mL)

Calories 320

	% valeur quotidienne*
Fat / Lipides 20 g Saturated / saturés 9	27 % 9 47 %
+ Trans / trans 0.4 g	1 00
Carbohydrate / Glucion Fibre / Fibres 2 g Sugars / Sucres 22 g	7 %
Protein / Protéines 7	g
Cholesterol / Cholest	érol 40 mg
Sodium 160 mg	7 %
Potassium 350 mg	7 %
Calcium 150 mg	12 %
Iron / Fer 1.25 mg	7 %
*5% or less is a little, 15% or *5% ou moins c'est peu, 15%	

% Daily Value*

Transfats occur naturally at low levels in cream and milk.

VANILLA

INGREDIENT STATEMENT

Milk, Cream, Sugars (sugar, glucose solids), Skim milk powder, Salt, Natural flavour, Carotene, Mono & diglycerides, Cellulose gum, Guar gum, Carrageenan, Caramel.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergen	is .
Eggs	
Milk	✔
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

Kosher Certified

Halal Certified BR# 7970

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 3/4 cup (188 mL) pour 3/4 tasse (188 mL)

Calories 250

Iron / Fer 0.1 ma

Fat / Lipides 14 g	19 %
Saturated / saturés 9 g + Trans / trans 0.5 g	48 %
Carbohydrate / Glucides 26 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 21 g	21 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 55 mg	
Sodium 90 mg	4 %
Potassium 250 mg	5 %
Fotassium 250 mg	3 70
Calcium 175 mg	13 %

*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup

Transfats occur naturally at low levels in cream and milk.

1 %

% Daily Value*

% valeur quotidienne*

WILD 'N RECKLESS SHERBET

INGREDIENT STATEMENT

Water, Sugars (sugar, glucose solids, raspberry puree (red raspberries, sugar)), Cream, Skim milk powder, Citric acid, Tartrazine, Brilliant blue FCF, Mono-and diglycerides, Carob bean gum, Cellulose gum, Guar gum, Natural and artificial flavour, Sunset yellow FCF, Allura red.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts. Pistachios. Sov. Walnuts. Wheat

Allergens	
Eggs	
Milk	♥
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

Kosher Certified

Halal Certified BR# 7999

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 3/4 cup (188 mL) pour 3/4 tasse (188 mL)

	Daily Value* uotidienne*
Fat / Lipides 3 g	4 %
Saturated / saturés 1.5 g + Trans / trans 0.1 g	8 %
Carbohydrate / Glucides 41 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 31 g	31 %
Protein / Protéines 2 g	
Cholesterol / Cholestérol 10 mg	3 %
Sodium 40 mg	2 %
Potassium 100 mg	2 %
Calcium 75 mg	6 %
Iron / Fer 0.1 mg	1 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beauco	oup

Transfats occur naturally at low levels in cream and milk.

WORLD CLASS™ CHOCOLATE

INGREDIENT STATEMENT

Milk, Sugars (sugar, glucose solids), Cream, Mousse base (palm kernel oil, palm oil, corn syrup solids, sodium caseinate, propylene glycol monostearate, mono- and diglycerides, cellulose gum, acetylated monoglycerides, guar gum, carrageenan), Skim milk powder, Cocoa, Whey powder, Unsweetened chocolate, Natural and artificial flavour.

CONTAINS: Milk

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Pecans, Peanuts, Pistachios, Soy, Walnuts, Wheat

Allergens	
Eggs	
Milk	•
Gluten (Wheat)	
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	
Sulphites	

Kosher Certified

Halal Certified BR# 7960

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 3/4 cup (188 mL) pour 3/4 tasse (188 mL)

Calories 290 % va	*ally value *leur quotidienne
Fat / Lipides 17 g	23 %
Saturated / saturés 11 g + Trans / trans 0.4 g	57 %
Carbohydrate / Glucides	32 g
Fibre / Fibres 1 g	4 %
Sugars / Sucres 24 g	24 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol	50 mg
Sodium 95 mg	4 %
Potassium 300 mg	6 %
Calcium 150 mg	12 %
Iron / Fer 1 mg	6 %
*5% or less is a little, 15% or more	

% Daily Value*

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Flavour offerings may vary by store.



CARAMEL COOKIES 'N CREAM

INGREDIENT STATEMENT

Cookies 'n cream ice cream: Milk, Cream, Sugars (sugar, glucose solids), Chocolate sandwich cookies (sugar, wheat flour, palm and palm kernel oil, cocoa, com flour, salt, baking soda, dextrose, sov lecithin, natural flavourl, Skim milk powder, Whey powder, Salt, Natura and artificial flavour, Carotene, Mono- and diglycerides, Cellulose oum, Guar oum, Carrageenan, Caramel: Chocolate chip ice cream: Milk, Cream, Sugars (sugar, glucose solids), Chocolate chips (sugar, unsweetened chocolate, unsweetened chocolate processed with alkali. butter oil, soy lecithin), Skim milk powder, Whey powder, Salt, Natural and artificial flavour, Carotene, Caramel, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan; Caramel fudge topping: Sugars (sugar, glucose-fructose), Sweetened condensed whole milk Water, Butter (milk), Salt, Pectin, Sodium phosphate, Citric acid, Artificial flavour; Oreo crunch topping: Unbleached wheat flour, Sugars (sugar, invert sugar), Palm oil, Soybean and/or canola oil, Cocoa processed with alkali, Leavening (baking soda and/or calcium phosphate), Soy lecithin, Salt, Chocolate, Natural flavour.

CONTAINS: Milk, Wheat, Soy

May Contain: Almonds, Cashews, Eggs, Hazelnuts, Macadamia nuts, Peanuts, Pecans, Pistachios, Walnuts

Allergens	
Eggs	
Milk	✓
Gluten (Wheat)	♂
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	₽
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 1 pint (473 mL) / pour 1 pint (473 mL)

rei i pint (473 mL) / pot	11 1 pint (473 mL)
Calories 1160	% Daily Value* % valeur quotidienne*
Fat / Lipides 46 g	61 %
Saturated / saturés 26 g + Trans / trans 1 g	135 %
Carbohydrate / Glucides 1	76 g
Fibre / Fibres 2 g	7 %
Sugars / Sucres 106 g	106 %
Protein / Protéines 14 g	
Cholesterol / Cholestérol	115 mg
Sodium 690 mg	30 %
Potassium 650 mg	19 %
Calcium 350 mg	27 %
Iron / Fer 4 mg	22 %
*5% or less is a little, 15% or more i *5 % ou moins c'est peu, 15 % ou p	

BR# RCP-CN5050375

Transfats occur naturally at low levels in cream and milk.

CHOCOLATE BROWNIE DELUXE

INGREDIENT STATEMENT

Peanut butter 'n chocolate ice cream: Milk. Sugars (sugar, glucose solids). Cream. Peanut butter ribbon [peanuts, cottonseed and/or peanut oil, high-fructose com syrup, saltl, Cocoa, Skim milk powder, Whey powder, Unsweetened chocolate, Salt, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan; Pralines 'n cream ice cream: Milk, Cream, Sugars (sugar glucose solids), Caramel ribbon (sweetened condensed milk (milk, sugar), com syrup, water, sugar, butter, glycerin, pectin, salt, sodium citrate, natural flavour, sodium bicarbonate), Praline pecans (sugar, pecans, butter, corn syrup, salt), Skim milk powder, Whey powder, Salt, Natural and artificial flavour, Carotene Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan; Chocolate fudge topping: Sugars (corn syrup, sugar), Water, Hydrogenated coconut oil, Nonfat dry milk, Cocoa processed with alkali, Modified corn starch, Salt, Baking soda, Ascorbic acid, Disodium phosphate, Potassium sorbate (preservative), Natural and artificial flavours, Soy lecithin; Chocolate brownie topping: Sugar, Wheat flour, Water, Sovbean oil, Cocoa powder processed with alkali. Semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa hutter, sov lecithin (emulsifier), natural vanilla flavour). Rutter Dried whole enns. Buttermilk, Flavour, Salt, Sodium bicarbonate,

CONTAINS: Milk, Peanuts, Pecans, Eggs, Wheat, Soy May Contain: Almonds, Cashews, Hazelnuts, Macadamia nuts, Pistachios, Walnuts

Allergens		
Eggs	₹	
Milk	✓	
Gluten (Wheat)	✓	
Gluten (Barley)		
Gluten (Rye)		
Gluten (Oats)		
Peanuts	✓	
Tree Nuts	✓	
Soy	•	
Sulphites		

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 1 pint (473 mL) / pour 1 pint (473 mL)

Calories 1220	% Daily Value* % valeur quotidienne*
Fat / Lipides 52 g	69 %
Saturated / saturés 37 g + Trans / trans 1 g	190 %
Carbohydrate / Glucides 1	75 g
Fibre / Fibres 3 g	11 %
Sugars / Sucres 123 g	123 %
Protein / Protéines 15 g	
Cholesterol / Cholestérol	110 mg
Sodium 670 mg	29 %
Potassium 850 mg	25 %
Calcium 400 mg	31 %
Iron / Fer 5.5 mg	31 %

BR# RCP-CN5050412

COOKIE DOUGH DELUXE

INGREDIENT STATEMENT

Cookies 'n cream ice cream: Milk, Cream, Sugars (sugar, glucose solids), Chocolate sandwich cookies [sugar, wheat flour, palm and palm kernel oil, cocoa, com flour, salt, baking soda, dextrose, soy lecithin, natural flavour), Skim milk powder, Whey powder, Salt, National and artificial flavour, Carotene, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan, Caramel; Chocolate chip cookie dough ice cream: Milk, Cream, Sugars (sugar, glucose solids), Chocolate chip cookie dough (wheat flour, brown sugar, butter, sugar, pasteurized whole liquid eggs, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin), com starch, skim milk, natural flavour, salt], Chocolate flavoured chips (sugar, coconut oil. cocoa powder, modified palm kernel and palm oil. natural flavour, say lecithin). Skim milk powder, Whey powder, Salt, Natural and artificial flavour, Carotene. Caramel, Mono- and diglycerides, Cellulose gum, Guar gum, Carrageenan; Chocolate fudge topping: Sugars (corn syrup, sugar), Water, Hydrogenated coconut oil, Nonfat dry milk, Cocoa processed with alkali, Modified corn starch, Salt, Baking soda, Ascorbic acid, Disodium phosphate, Potassium sorbate (preservative), Natural and artificial flavours, Soy lecithin; Chocolate chip cookie dough: Sugars (sugar, brown sugar, molasses), Wheat flour, Butter, Water, Soybean oil, Chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, natural flavour, milk), Corn starch, Salt, Natural flavour, Soy lecithin, Baking soda. CONTAINS: Eggs, Wheat, Milk, Soy

May Contain: Peanuts, Almonds, Cashews, Hazelnuts, Macadamia nuts, Pecans, Walnuts, Pistachios

Allergen	S
Eggs	✓
Milk	✓
Gluten (Wheat)	✓
Gluten (Barley)	
Gluten (Rye)	
Gluten (Oats)	
Peanuts	
Tree Nuts	
Soy	✓
Sulphites	

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive	
Per 1 pint (473 mL) / por Calories 1220	ur 1 pint (473 mL % Daily Value % valeur quotidienne
Fat / Lipides 52 g	69 9
Saturated / saturés 37 g + Trans / trans 1 g	190 %
Carbohydrate / Glucides Fibre / Fibres 3 g	175 g
Sugars / Sucres 123 g	123 9
Protein / Protéines 15 g	
Cholesterol / Cholestérol	110 mg
Sodium 670 mg	29 9
Potassium 850 mg	25 %
Calcium 400 mg	31 9
Iron / Fer 5.5 mg	31 9
*5% or less is a little, 15% or more *5% ou moins c'est peu, 15% ou plu	

BR# RCP-CN5050366

Transfats occur naturally at low levels in cream and milk.

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Flavour offerings may vary by store.



MANGO

INGREDIENT STATEMENT

Mango smoothie base (mango puree, sugar, water, natural flavour, citric acid, sodium citrate), Water, Mangoes,

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive Per 16oz / pour 16oz Per Container / par contenant Calories 310 % Daily Value % valeur quotidienne Fat / Lipides 0 g Saturated / saturés 0 g + Trans / trans 0 g Carbohydrate / Glucides 76 g Fibre / Fibres 2 g Sugars / Sucres 75 g 75 % Protein / Protéines 1 g Cholesterol / Cholestérol 0 mg Sodium 25 mg Potassium 75 mg 2 % Calcium 30 mg 2 % Iron / Fer 0.75 mg 4 % *5% or less is a little 15% or more is a lot 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup

Nutrition Facts Valeur nutritive

Per 24oz / pour 24oz Per Container / par contenant

Calories 460 % valeur quo	tidienne*
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g + Trans / trans 0 g	0 %
Carbohydrate / Glucides 1	14 g
Fibre / Fibres 3 g	11 %
Sugars / Sucres 113 g	113 %

Protein / Protéines 1 g Cholesterol / Cholestérol 0 mg

Sodium 40 mg Potassium 100 mg 3 % Calcium 50 mg 4 % Iron / Fer 1 mg 6 %

- *5% or less is a little
- 15% or more is a lot 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup

STRAWBERRY

INGREDIENT STATEMENT

Strawberry smoothie base (strawberry puree, water, sugar, lemon juice concentrate, natural flavors, vegetable juice, xanthan gum, strawberry juice concentrate, citric acid, sodium citrate), Water, Strawberries.

NUTRITIONAL DATA

Nutrition Facts Valeur nutritive

Per 16oz / pour 16oz Per Container / par contenant

Calories 270 % valeur quotid	
Fat / Lipides 0.3 g	1 %
Saturated / saturés 0 g + Trans / trans 0 g	0 %
Carbohydrate / Glucides 68 g	
Fibre / Fibres 3 g	11 %
Sugars / Sucres 62 g	62 %
Protein / Protéines 1 g	
Cholesterol / Cholestérol 0 m	g
Sodium 40 mg	2 %
Potassium 225 mg	7 %
Calcium 30 mg	2 %
Iron / Fer 0.5 mg	3 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Nutrition Facts Valeur nutritive

Per 24oz / pour 24oz Per Container / par contenant

Calories 410 % Daily % valeur quotid			
Fat / Lipides 0.5 g	1	%	
Saturated / saturés 0 g + Trans / trans 0 g	0	%	
Carbohydrate / Glucides 102 g			
Fibre / Fibres 4 g	14	%	
Sugars / Sucres 93 g	93	%	
Protein / Protéines 2 g			
Cholesterol / Cholestérol 0 mg			
Sodium 60 mg	3	%	
Potassium 300 mg	9	%	
Calcium 40 mg	3	%	
Iron / Fer 0.75 mg	4	%	
*5% or less is a little , 15% or more is a lot *5 % ou moins c'est peu , 15 % ou plus c'est beaucoup			

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