

Regular 4oz

Flavour	Calories	Total Fat (g)	Trans Fat (g)	Carbohydrates (g)	Sugars (g)	Protein (g)	Sugar Alcohol (g)	SPECIAL NOTES	KOSHER CERTIFIED	HALAL CERTIFIED
Apple Cinnamon Fritter	270	11	0.4	41	30	4			YES	YES
Baseball Nut	270	14	0.4	33	22	5			YES	YES
Cheesecake Brownie	270	13	0.4	34	24	5			YES	YES
Cherries Jubilee	240	11	0.4	31	25	4			YES	NO
Chocolate	250	13	0.4	32	24	5			YES	YES
Chocolate Chip	260	15	0.5	28	22	5			YES	YES
Chocolate Chip Cookie Dough	290	15	0.5	36	26	5			YES	YES
Chocolate Mousse Royale	300	17	0.4	36	28	5			YES	YES
Churro Dulce de Leche	290	11	0.4	43	32	4			YES	YES
Citrus Twist Ice	130	0	0	34	26	0			YES	YES
Cookie Monster	310	15	0.5	38	29	5			YES	YES

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Coffee Shop Cold Brew	260	14	0.4	31	25	5			YES	NO
Cookies 'n Cold Brew	320	18	0.4	35	24	5			YES	NO
Cookies 'n Cream	280	15	0.4	32	23	5			YES	YES
Cotton Candy	250	12	0.4	32	22	4			YES	YES
Cup of Cocoa	260	13	0.4	33	24	5			YES	NO
Decorating Vanilla	240	14	0.5	26	21	5			YES	YES
Gold Medal Ribbon	260	12	0.4	34	26	4			YES	YES
Icing on the Cake	330	18	0.4	39	31	4			YES	YES
Jamoca® Almond Fudge	270	15	0.4	31	23	5			YES	YES
Love Potion #31	280	14	0.4	34	28	4			YES	YES
Made with Snickers®	290	14	0.4	36	29	5			YES	YES

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Mango Mania	220	10	0.4	30	26	4			YES	YES
Mango Tango	240	10	0.4	34	26	4			YES	NO
Maple Walnut	270	17	0.4	27	21	5			NO	YES
Maui Brownie Madness Frozen Yogurt	230	11	0.2	30	22	6		*Contains Live Yogurt Cultures (streptococcus Thermophilus, Lactobacillus delbrueckii subsp. Bulgaricus).	YES	YES
Mint Chocolate Chip	260	15	0.5	28	22	5			YES	YES
Mom's Makin' Cookies	310	14	0.4	42	31	4			YES	YES
NF Vanilla Frozen Yogurt	140	0.4	0	30	24	5		*Contains Live Yogurt Cultures (streptococcus Thermophilus, Lactobacillus delbrueckii subsp. Bulgaricus).	YES	YES
Non-Dairy Mint Chocochunk	270	14	0	38	28	1			YES	NO
NSA Caramel Turtle Truffle	190	8	0.2	38	7	5	25	WARNING: Sensitive individuals may experience a laxative effect from excessive consumption of this product.	YES	YES
NSA Pineapple Coconut	150	6	0.2	29	8	5	14	WARNING: Sensitive individuals may experience a laxative effect from excessive consumption of this product.	YES	YES
Nutty Coconut	300	19	0.4	28	21	6			YES	YES

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PB 'n J	270	13	0.4	34	27	5			YES	NO
Peanut Butter 'n Chocolate	310	20	0.4	30	22	7			YES	YES
Pink Bubblegum	260	12	0.4	35	31	4			YES	YES
Pistachio Almond	290	19	0.4	24	18	7			YES	YES
Pralines 'n Cream	290	14	0.4	36	29	4			YES	YES
Rainbow Sherbet	160	2.5	0.1	35	26	1			YES	YES
REESE Peanut Butter Cup	300	17	0.4	35	27	6			YES	NO
Rocky Road	280	14	0.4	35	25	5			NO	NO
Rum Raisin	250	11	0.4	34	28	4			YES	NO
Strawberry Cheesecake	260	13	0.3	32	25	4			YES	YES
Strawberry Dragonfruit	230	10	0.4	31	25	4			YES	YES

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Ube Coconut Swirl	260	11	0.4	36	28	4			YES	YES
Vanilla	240	14	0.5	25	21	5			YES	YES
Very Berry Strawberry	220	10	0.4	28	23	4			YES	YES
Wild 'n Reckless Sherbet	160	2.5	0.1	34	25	2			YES	YES
World Class Chocolate	280	16	0.4	31	23	5			YES	YES
Peanut Butter Blossom	350	21	0.4	36	27	6			YES	YES
German Chocolate Cake	310	16	0.4	38	28	6			YES	YES
Double Dark Mocha	250	11	0.3	34	26	4			YES	YES